



LRH-Homes
Care • Comfort • Compassion

Albany Lodge News

The Newsletter of London Residential Healthcare.

WHO'S WHO

Director	Jag Grewal
Operations Manager	Ron
Home Manager	Sister Ellen
Head of Care	Kate
Reception	Kumari
Nurses	Josie, Augustina, Busi, Barbara, Cecillia, Connie, Dawn and Lisy to name a few!
Healthcare Assistants	Michelle, Jeny, Ade, Biju, Lila, Lincy, Lisa, Mary, Nissy, Mary Moozha, Sergiy, Vivian and Fernanda to name a few!
Catering	Tracy, Kate and Jacey assisted by Barbara, Leroy, Nyi, and Thasanka
Housekeeping	Valeriia, Aji, Dorothy, Logi, Maria, Shirley and Nilusha
Laundry	Sam, Amanda and Cynthia
Maintenance	Trevor

These are just a few of our valued members of staff who will work together to make Albany Lodge a *home!*



WELCOME



We had the first inspection on 12th May from the Care Quality Commission (CQC) and we are pleased to announce that Albany Lodge has achieved a two star good rating. This is an impressive rating for a new home, with the inspector providing an excellent write up of the inspection, with special emphasis paid to the staff. All staff should be very proud of this achievement. A big thank you all for your continued support.

Thought of today:

“Good humour is one of the best articles of dress one can wear in society”

RESIDENTS BIRTHDAY

The summer seems to be the optimum time for celebrating ones birthday at Albany Lodge. We have no less than 10 birthdays to celebrate.

The following residents will soon be celebrating their birthdays.

June

Rita Colwell	24 th
Clovis Francis	28 th

July

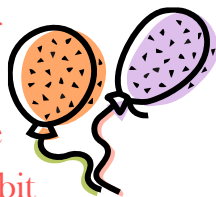
Ellen Adams	2 nd
Anthony Siquira	5 th
Driss Jtoutaine	6 th
Hilda Huxley	11 th
Joan Agle	11 th
Maisie Nash	11 th
Beatrice Sales	12 th



August

Annie Miller	28 th
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We would like to convey our warmest wishes and congratulations on the occasion of their birthdays. If any resident or relative has any requests for something that would make the resident's birthday that extra bit special then please let the Home Manager know and we'll do our best to oblige!



NEW RESIDENTS

Albany Lodge is growing at a significant rate, with resident numbers currently over 60 and climbing. All at Albany Lodge would like to

welcome our new residents and wish them a comfortable and happy stay.

SOCIAL ACTIVITIES

As the home is growing and growing everyday, we have built up a portfolio of entertainers who come to visit the home. They include Hedley Kay and his guitar, Susan singing songs of the Golden Age and Emma providing the residents with some fun exercise each week. Our hairdresser, Diana, now comes every Wednesday or Thursday, so if yourself or your family member would like to see her, just let Tendai on reception or Cathy, our Social Activities organiser know.

OUR EASTER CELEBRATION

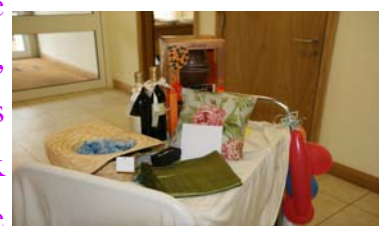
On the 9th April, we had our Easter Party. We held an Easter Bonnet parade, with both the staff and the residents entering. However, it was Teresa McHugh's bonnet which was triumphant. Congratulations, Teresa!



On that fun day, we also had a raffle, with prizes including Marks and Spencer's vouchers and some red wine. A number of prizes were



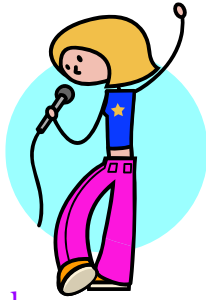
donated by the residents' families, including cushions and jewellery, thank you very much for the contributions.



FORTHCOMING ACTIVITIES

June

Thursday 26th Susan singing the songs of the Golden Age



July

Wednesday 1st Eileen will be here to carry out fun, gentle exercises with the residents.

Friday 17th Steve Robbins and his keyboard will be at Albany entertaining the residents with a variety of songs

August

Sunday 17th Summer Fete—Albany Lodge will be alive with stalls, entertainment and refreshments, so please, come and join us!



THE GARDEN

With the sun finally deciding to show its head, the garden has really begun to take shape. Thanks to our own Percy Thrower, Frank Dobbs, the beds are blossoming, really adding colour to our garden. Soon, the sweet peas and honey suckles will turn our garden into a little oasis. Can we also please extend our thanks to Blanche Bryan's daughters, who kindly donated some funds for some plants for the garden. They will be appreciated by all.



NEW STAFF, NEW FLOORS

Along with gaining a vast number of new staff, we have also officially opened two further floors. To mark the occasion, we invited our very first resident, Blanche Bryan to cut the ribbon.



Opening these two floors is a further mark of the success of the home, and we hope all our new residents will enjoy their time at Albany Lodge.

CAREGIVER THERAPY

Living fully includes caring for yourself and giving care to others. Keeping both in balance will make your journey through life rich and rewarding.

Value the gifts of caregiving. It's an opportunity to grow in tolerance, patience, compassion, limitless, power of love.

Let your wise and gentle inner voice guide you in your caregiving. There's no "perfect" way to care. Perfection isn't the goal. Love is.



Sometimes helping others means allowing them to give. A homemade card, a smile, a heartfelt "thank you" are gifts to be treasured. Graciously accept what others have to offer.

'Tis moonlight, summer moonlight



'Tis moonlight, summer moonlight,
All soft and still and fair;
The solemn hour of midnight
Breathes sweet thoughts everywhere,

But most where
trees are sending
Their breezy boughs on high,
Or stooping low are lending
A shelter from the sky.

And there in those wild bowers
A lovely form is laid;
Green grass and dew-steeped flowers
Wave gently round her head.

Emily Bronte



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