

Acacia News

The Newsletter of London Residential Healthcare.

WELCOME

We extend a very warm welcome to some new residents who have recently come to live with us. They are: Vera Paxton, Ethel Howard, Eileen Holtom, Olive Humphries and Muriel Vaughan. We hope that all five ladies have now settled into their new home and have got to know some of our other residents and our staff who are here to help you at all times.



BIRTHDAYS

We send Birthday Congratulations to Mrs Patricia Holton who had her birthday in May. In June we have four residents with birthdays and they are; Elsie Jackman, Margaret Watson, June Franklin and Evelyn Kinnard. Looking forward to July we will be celebrating two birthdays for Rowland Cornish and Olive Humphrey.



Wishing you all a happy special day with cards, flowers and a cake made especially for you by chef.

THE SUMMER PARTY

Our Strawberry Tea and Garden Party will be held on **Sunday 5th July** commencing at **3pm until 6pm**. We will be serving our usual delicious buffet, and musical entertainment will again be provided by Brian Short. There

will be; the tombola stall, Guess the Name of the Doll and the bottle stall. We will also have our Raffle; the top two prizes will be M&S vouchers and a picnic hamper, plus many other prizes. Tickets for the raffle are on sale now from Gay or any member of staff. You can, of course, buy your tickets on the day. The lucky tickets will be drawn at the party. All monies raised goes to our Residents' Amenity Fund. If you have a prize to donate to the raffle or tombola stall, also any bottles for the bottle stall (including bottled fruit), then these will be gratefully received.



SUMMER OUTING TO THE SEASIDE

We are arranging a trip to Brighton in the minibus for those residents who would like to go to the seaside. This is being arranged for **Friday 17th July**. Further details can be obtained from Sr. Ellen or Gay.

FORTHCOMING ENTERTAINMENT

The following entertainers will be in the lounge in June:

9 th June	John Ware will entertain
11 th June	Musical Memories
17 th June	Ray will reminisce
19 th June	Eileen will sing

26th June Steve Robbins will play and sing
Alan & Bros Will entertain

The entertainment for each month will be displayed on the notice board. All are welcome to enjoy the performances which usually commence at 2.15pm.

NEW ARRIVALS

We are pleased to announce the arrival of a beautiful baby boy to our care assistant Maryna and her husband Adam. Baby Mark was born in April and Mother and Baby are both well.



We are also delighted that Tessa one of our night carers, has given birth to a beautiful baby boy. He arrived on Monday 8th June to Tessa and her husband Anto. Baby weighed in at around 3.1kilos. Mother and baby are both well.



EASTER RAFFLE

We are pleased to report that we raised £92.00 from our Easter Raffle. The lucky tickets were drawn by:

First prize - £50.00 M&S vouchers Sr. Hyacinth Johnson

Second Prize - Gift voucher from Vic Gibson Butcher voucher- Mrs Kinnard

Third Prize - Orchids Jisha Maliakal

Fourth Prize Basket of Fruit - Jackie Rose



Thank you to everyone who supported our raffle.

HOME IS WHERE YOU MAKE IT!

Sometimes after visiting a particularly attractive town or area, either for a holiday or merely a

day trip, you can find yourself wishing you lived there all the time. A slight sense of discontent with your present surroundings might start to niggle. Well here is a bit of advice seen on a notice outside a church:



“It does not matter where you live, as long as you live where you are”

JUST EXPLAINING!

I'm not complaining

Just explaining

How things now are with me

Can't climb the stairs

Or rise from chairs,

Without some help you see.

I'm not complaining

Just explaining,

My Speeds now are 'Dead Slow' and 'Stop'

My get up and go

Is painfully slow

But don't worry - I'll come out on top!

SOMETHING TO THINK ABOUT!

This is a short story about four people named: Everybody, Somebody, Anybody and Nobody.

There was an important job to be done and Everybody thought that

Somebody would do it.

Anybody could have

done it but Nobody did it.

Then Somebody got angry

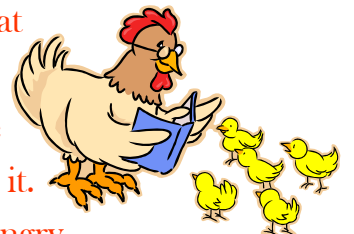
about that because it

really was Anybody's job. Everybody thought

Anybody could do it but Nobody realized that

Everybody would not do it. It ended up that

Everybody blamed Somebody when Nobody did what Anybody could have done.



TALKING TO PLANTS

Many people today regularly talk to their plants, both indoors and in the garden. Gardeners in days gone by thought nothing of encouraging their plants along by an affectionate word (or with a good reprimand if they refused to grow and produce the required flowers and fruit). Modern research has proved that plants do actually respond favourably to sound stimuli from speech or music, which proves that both our ancestors and those of us who still indulge in the practice today were, and still are, not as stupid as might first appear!

SUMMER IS COMING!

Now summer is almost here, the green fingered among us are out in force digging, weeding and planting and complaining of aching muscles where we did not know we had muscle. The garden centres are busier than supermarkets with folk fighting over the last tray of Bizzie Lizzies and stocking up on canes, compost and clematis. Most gardens are beginning to take shape, the bedding plants are blooming as the soft rain freshens up the grass and overhanging shrubs. The hanging baskets with their trailing foliage of Verbena, Petunias and Begonias all require daily attention for watering and general feeding, but the glory of the flowers make it all worth it. We look forward to balmy summer evenings resting on the lounge with the delicate perfumes from the Jasmine and freshly mown lawns, while ice clink in the glasses of our long cool drinks and a neighbouring barbecue wafts its delicious aromas across the hedges. **Ah bliss, tranquility, ah summer!**

LIFE IS MOSTLY FROTH AND BUBBLE

By Adam Lindsey Gordon

Life is mostly froth and bubble,
Two things stand like stone,
Kindness in another's trouble
Courage in your own.

HERE'S SOME HISTORY FUN

Next time you are washing your hands and complaining because the water temperature is not just how you like it, think about how things used to be around the year fifteen hundred.

Most people got married in June because they took their yearly bath in May and still smelled pretty good by June. However, as time passed they were starting to smell, so brides carried a bouquet of flowers to hide the body odour. Baths consisted of a big tub filled with hot water. The man of the house had the privilege of the nice clean water following by his sons and other men living under the same roof. Then came the women and finally the children. Last of all were the babies. By then the water was so dirty you could actually lose someone in it, hence the saying 'Don't throw the baby out with the bath water.'

WEATHERS

By Thomas Hardy

This is the weather the cuckoo likes,
And so do I
When showers be tumble the chestnut spikes,
And nestlings fly:
And the little brown nightingale bills his best,
And they sit outside at "The Travellers' Rest"
And maids come forth sprig-muslin drest,
And citizens dream of the south and west,
And so do I.

Summer Puzzle



E	L	A	V	E	N	D	E	R	Y	L	I	L	S	M
X	L	Y	J	C	S	Y	A	D	I	L	O	H	D	J
S	U	V	G	O	E	T	R	E	E	S	J	B	S	K
E	A	M	N	E	R	Z	S	J	W	V	K	L	R	S
I	K	Y	I	N	V	H	E	C	E	S	W	U	E	J
T	T	P	N	I	Y	B	L	B	B	E	S	E	W	B
R	D	P	E	M	M	Z	B	R	F	S	P	B	O	E
A	G	O	D	S	C	M	A	E	R	O	O	E	L	N
P	Q	P	R	A	Z	S	T	W	I	R	R	L	F	I
B	B	Q	A	J	A	P	E	O	E	S	D	L	B	H
A	G	T	G	K	O	O	G	L	N	U	W	S	J	S
S	T	E	L	O	I	V	E	F	D	C	O	R	S	N
D	S	P	I	L	U	T	V	N	S	O	N	W	C	U
M	M	C	O	L	O	R	F	U	L	R	S	A	X	S
R	E	M	M	U	S	J	X	S	G	C	X	N	W	K

SUMMER
FLOWERS
ROSES
TREES
COLOURFUL
POPPY
BLUEBELLS

GARDENING
HOLIDAYS
BBQ
SUNFLOWER
JASMINE



LAVENDER
SUNSHINE
FRIENDS
PARTIES
LILY



TULIPS
SNOWDROPS
CROCUS
VEGETABLES
VIOLETS



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