



LRH-Homes

Care • Comfort • Compassion

# Bourne House News

The News Letter of London Residential Healthcare.

## WHO'S WHO

Directors	Pam & Jag Grewal
Manager	Christine
T & D Manager	Ron
Administrator	Amanda
Social Activities	Amanda & Ann
Nurses include	Nuala, Nancy, Smitha, Mary, Veronica, Julien, Marie... to name a few!
Healthcare Assistants	Bester, Edla, Joyce, Victoria, Sook Choi, Vikash..... to name a few!
Catering	Uriel, Chris & Seamus are our chefs assisted by Xavier & Neelam
Housekeeping	John assisted by Mumtaz, Ricky, Tracey, Shaji aim to keep our <i>Home</i> clean, Euna and Ravathy for Laundry
Hairdressing	Ann
Maintenance	Ben
Gardening	Noel & Richard

**These are just a few of our valued members of staff who will work together to make Bourne House a *Home*!**

# Welcome!

**F**irstly I would like to say a big warm hello and welcome to all our readers, old and new, who I am sure have been eagerly anticipating this edition of Bourne House News. As always a lot has been happening at Bourne House over the summer season. We will give you a full update later in this edition.

The summer season is here and thankfully it has cooled down a little since the heat-wave that occurred over July. You will be pleased to hear, however, that we have installed air conditioning units in the lounge and conservatory areas to help with the hot weather that we were experiencing. You may also have noticed the new screen at reception which keeps you informed of forthcoming events and the home's activities.



If any resident, family member or friend has any suggestions for an outing or social activity, or knows some entertainers, please feel free to talk to the social activities ladies, who will be really pleased to hear your ideas! Remember Bourne House News needs your input so please don't be shy, leave your articles to contribute at reception.

As always I will leave you with a thought:

*"It is not the sound of a man's creed, but the number of his deeds, that determines one's true value"*

**Pam Grewal**

August 2006

## Social Activities

### Previous Events

#### Garden Party

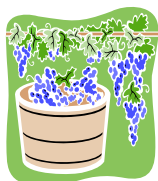
We had our summer party on the 8th July; the weather was beautiful and we had a great turnout of relatives and friends. The Bouncy Castle was a great treat for the children and the BBQ, along with all the other food went down really well. We also managed to raise £303 towards our amenity fund.



#### London Mozart Players

The London Mozart Players played beautifully for us on 20th of July. They are a group of professional classical musicians who will undoubtedly be visiting again, and I highly recommend that you come listen to them. As always, it was a pleasure to hear and was enjoyed by all present.

#### Summer Outings



This year we organised outings in cooperation with our other two homes (Hamilton and Southborough). We went to places such as Garsons Farm, Denbies Vineyard, Richmond Park, Claremont Garden, Polesden Lacey, Painshill and Kew Gardens to name just a few. All the outings were very successful. I just want to add that relatives/friends are most welcome to assist their loved ones on a trip.

#### Flower Arranging

On a monthly basis Jennifer and Maureen have been holding the flower arranging sessions on Saturday which has been very successful indeed and some very pretty arrangements have been made.



## Partytimers



In June we had Partytimers performing music from the 1950's and the story and music from Judy Garland and Doris Day, which was enjoyed by all in the Ground Floor Lounge.

### Religious Activities

We continue to have Father John and Tessa regularly coming to see and give communion to the residents who are Roman Catholic and also the Rev Shirley Cooper holds a monthly service from St Mary's C of E Church in the ground floor lounge.

Residents have also been enjoying spending some time in the garden in the good weather, and often having lunch outside which makes a nice change.

### Birthdays

On behalf of everyone at Bourne House, we would like to wish the following residents, in advance of their big day, a very happy birthday!

James Greaves	25th Aug
John Hignell	18th Sep
Ivy Young	20th Sep
Joan Thornley	10th Nov
Rosemary Margiotta	13th Nov



If any resident or relative has any requests for something that would make the resident's birthday that extra bit special then please let Matron know and we'll do our best to oblige!

### Friends Meeting

We will be holding the next meeting on September 25th - I do hope you can come along. Residents, relatives and friends are all invited to come and discuss ways to improve the home. It is a good opportunity to meet other friends of the home.



## Forthcoming Events

(Please keep an eye on screen for information about forthcoming events!)



Brian Short                      4th August  
Peter Valentino                17 October (2.30pm)

If any resident, family member or a friend has another suggestion for an outing or social activity, please feel free to talk to me. We will be really pleased to hear your ideas!

We will continue to be visited by our in-house musicians - Brian and Hedley on a regular basis. I'm sure everyone is looking forward to more such entertainment.

## Inspection

A special thanks to all the staff for their hard work and effort prior to our recent CSCI Inspection, which went extremely well. Well Done!

## POEM

by Mother Teresa

People are often unreasonable,  
illogical and self centred; Forgive them anyway.

If you are kind, people may accuse you of selfish,  
ulterior motives; Be kind anyway.

If you find serenity and happiness, they may be  
jealous; Be happy anyway.

The good you do today, people will forget tomorrow;  
Do good anyway.

Give the world the best you have, and it may  
never be enough; Give the world the best you've  
got anyway.

## Views and Ideas



We hope you enjoyed reading this edition of Bourne House News with its new look. Please come along and let us know your ideas and suggestions, don't be shy to get involved. We are always interested in articles to add so please feel free to contribute and we will endeavour to include your items in our next edition. Until then, please do take care.

## Matron's thoughts

I would like to thank all the residents, relatives and visitors for their continuing support which makes Bourne House a *Home* and remember my door is always open. I wish to say a special thank you to all the staff for their hard work and effort.



## Condolences

Our condolences go out to the friends and family of Beulah Thorpe who recently, very sadly passed away. She will be missed by everyone at Bourne House.

## Puzzle Corner

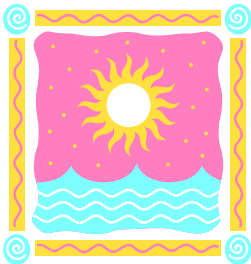
The world famous Su Doku puzzle taken straight from the Times for you to enjoy!

### HOW TO PLAY

To solve a Su Doku puzzle, every digit from 1 to 9 must appear in each of the nine vertical columns, in each of the nine horizontal rows, and in each of the nine boxes. They range in difficulty from easy to very hard, depending on the positioning of the numbers you're given to start with.

### EASY (OUR COVER PUZZLE)

	2		8	1		7	4	
7					3	1		
	9				2	8		5
		9		4			8	7
4			2		8			3
1	6			3		2		
3	2	7					6	
		5	6					8
	7	6		5	1			9



## Scent of Summer

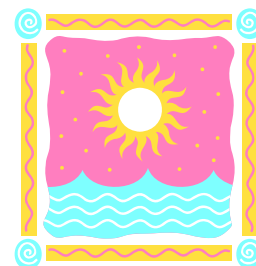
Smell of hot concrete, metal and tar  
hint of fresh mowed grass  
perfume of rain, sunshine and roses  
- is the scent of summer.

Stepping one foot within each square  
of narrow hand-poured walks  
leaving wet barefoot impressions  
- is the image of summer.

Warbles and chirps, twitters and caws  
wafting from leafy boughs  
the barking of squirrels at prowling cats  
- is the music of summer.

Warm sudden wind of approaching thunder  
electricity charging the air  
caress of cool rain refreshing the earth  
- is the touch of summer.

Through all my senses runs a thread of time  
tinged with the memory  
of summer.



Bourne House Nursing Home  
45 Langley Avenue  
Surbiton  
Surrey  
KT6 6QR  
Tel: 020 8399 6022  
Fax: 020 8399 9690  
Website: [www.lrh-homes.com](http://www.lrh-homes.com)



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