



LRH-Homes

Care • Comfort • Compassion

Bourne House News

The News Letter of London Residential Healthcare.

WHO'S WHO

| | |
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| Directors | Pam & Jag Grewal |
| Manager | Paula |
| Administrator | Amanda |
| Social Activities | Amanda & Ann |
| Nurses include | Nuala, Smitha, Mary, Marie, Shinimol, Ambili... to name a few! |
| Healthcare | Bester, Edla, Joyce, Victoria, Sook Choi, Vikash..... to name a few! |
| Assistants | |
| Catering | Uriel & Chris are our chefs assisted by Xavier & Neelam |
| Housekeeping | John assisted by Mumtaz, Ricky, Shaji aim to keep our <i>Home</i> clean, Ravathy and Irani for Laundry |
| Hairdressing | Ann |
| Maintenance | Ben |
| Gardening | Noel & Richard |

These are just a few of our valued members of staff who will work together to make Bourne House a *Home*!

Welcome

May I say a big Hello to all our new residents and staff who have joined us since the last edition. As always the Home is busy with activities and preparations for the festive season. We are having such a lovely winter this year the mornings are nice, fresh and crisp!

We look forward to seeing you all at our annual Christmas Party on **Saturday 9th December** at 2.45pm. There will be live music, a visit from Santa, a raffle to raise funds for the Residents Amenity Fund and much more.

Many more social events have been arranged for the festive season, so please keep an eye on the notice board.

As always I will leave you with a thought:

"Success is how high you jump when you hit the bottom"



Introducing Paula — Matron

As you know I sent you a letter telling you all a bit about myself, my name is Paula Gratton and I am the new manager at Bourne House. I have come from a Nursing Home in Harrogate, North Yorkshire having managed the Home there for almost ten years. I am very excited have the opportunity to join the team of Bourne House and help contribute to its upwardly reputation of excellent caring. Please feel free to contact me at any time, my door will always be open to you. I look forward to a long and happy time at Bourne House.

Paula Gratton



Social Activities

Throughout the summer months we had many outings — to Painshill Park, Polesdon Lacy, Kew Gardens, Denbies Vineyard, Pub Lunches and many shopping trips.

Peter Valentino came and sang 1940's and 50's songs for us on the 17th October.

We continue to have practical activities such as arts and crafts, this includes pottery, painting, sewing and knitting.



Manicures and hand massages are done on a weekly basis and much enjoyed as it is very relaxing for our lovely residents and is also a good opportunity to chat one to one basis with the residents.



Residents Birthdays

On behalf of everyone at Bourne House, we would like to wish the following residents, in advance of their big day, a very Happy Birthday!

♦ **Florence Jones** ~ 22nd December

♦ **Winifred Gilby** ~ 30th December

If any resident or relative has any requests for something that would make the resident's birthday that extra bit special then please let Matron know and we'll do our best to oblige!



Friends Meeting

We will be holding the next meeting on

January 15th at 7:30pm. I do hope you can come along. Residents, relatives and friends are all invited to come and discuss

ways to improve the home. It is a good opportunity to meet other friends of the home.



We continue to have our **Pat a Dog** visiting us on a regular basis which the residents really enjoy.

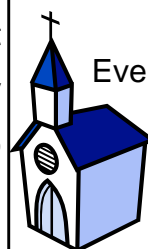


Flower Arranging

Jennifer and Maureen Langton continue to hold their flower arranging sessions on a regular basis. The next session is on December 16th at 2pm and will be held in the dining room.

Church Service

Every second Tuesday of the month St Mary's church hold a short service in both lounges. Father John from **Our Lady Immaculate** visits every two weeks with Tessa coming in on a weekly basis.



Forthcoming Events

On **December 1st** we are going to **Garson Farm** to see the Christmas Decorations and have a minced pie and a warm cup of tea.



On **December 2nd** we are going to Regent Street to see the Christmas lights and also to have a little sight-seeing around London and see how many buildings and monuments we can remember.

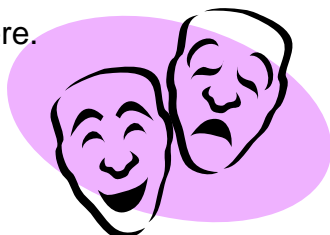
On **December 3rd** we will be Christmas Shopping in Kingston.



Our Annual Christmas Party will be on **December 9th** which will be filled with lots of fun! We will have live music and hope to have a visit from Santa! So come along and have some fun.

Pantomime

On **Friday 15th December** at **11am** we have Partytime Productions coming to do a pantomime of Jack and the Beanstalk, this will be taking place in the lounge, this should be great fun - everybody is invited so we look forward to seeing you there.



Ann and Amanda are starting to make Christmas decorations for around the home, with the valuable help of the residents.



Carol Service



On **Wednesday 20th December** St Mary's Church will be holding a

Christmas Carol Service at **2:30pm** in the ground floor lounge at Bourne House.

Views and Ideas

We hope you enjoyed reading this edition of Bourne House News. Please don't be shy to get involved. We are always interested in articles to add so please feel free to contribute and we will endeavour to include your items in our next edition.

On behalf of everybody at Bourne House, I would like to wish you all a very Merry Christmas and prosperous Happy New Year.



Here is a story that we given by a member of staff. The origin unknown.

An elderly Chinese woman had two large pots, each hung on the ends of a pole which she carried across her neck.

One of the pots had a crack in it while the other pot was perfect and always delivered a full portion of water.

At the end of the long walk from the stream to the house, the cracked pot arrived only half full.

For a full two years this went on daily, with the woman bringing home only one and a half pots of water. Of course, the perfect pot was proud of it's accomplishments. But the poor cracked pot could only do half of what it had been made to do.

After two years of what it perceived to be a bitter failure it spoke to the woman one day by the stream. "I am ashamed of myself, because this crack in my side causes water to leak out all the way back to your house."

The old woman smiled, "Did you notice that there are flowers on your side of the path, but not on the other pot's side?" "That's because I have always known about your flaw, so I planted flower seeds on your side of the path, and every day while we walk back you water them."

"For two years I have been able to pick these beautiful flowers to decorate the table. Without you being just the way you are, there would not be this beauty to grace the house".

Each of us has our own unique flaw. But it's the cracks and flaws we have that make our lives together so very interesting and rewarding.

You've just got to take each person for what they are and look for the good in them.



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