

Barrington News



LRH-Homes

Care • Comfort • Compassion

The Newsletter of London Residential Healthcare.

WELCOME

We extend a warm welcome to three new residents who have come to live with us and they are; Eileen Parker, Iris Gibb and Monica Patel. We hope that you have all settled into your new home and have got to know some of our other residents and of course our staff who are all here to help you.

BIRTHDAYS

We send birthday congratulations to our residents who had birthdays in May and June or will have a birthday in July:

Gus Williams and Harold Burls had their birthdays in May

In June we have lots of birthdays to celebrate and these are for; Bob Power, Peggy Goode, Bill Aldridge, Barbara Sutherland and Delissa Haye.



In July we have just one birthday and that is for Amanda Frith at the beginning of July.

We wish you all a very happy special day with lots of cards, flowers and a special cake made for you by chef.

In March Doris Jones celebrated her 100th Birthday. She had a party in Barrington Lodge for family and friends to mark this special day. Doris received many gifts and a very special card from H.M. The Queen.

SUMMER PARTY

Our Summer Party will be held on **Sunday 12th July** from 3pm until 6pm. All family members and friends of our residents are invited to attend. We will have our usual delicious buffet and entertainment will be provided by the 'Hobo Brothers'. We will also have the summer raffle, and you can purchase your raffle tickets from Tracey our Activities Officer or any member of staff. You can also buy your tickets at the party. The lucky tickets will be drawn at the party and all monies raised will go to the Residents Amenity Fund. In the garden will be the tombola stall, bottle stall and plant stall. If you have something to donate to any of our stalls, please give this to Tracey, as all contributions will be gratefully received.

OUTING TO THE SEASIDE

The annual trip to Brighton, for any of our residents who wish to come, will be on Friday 3rd July. Please see notice board for more information.

FRIENDS MEETING

Our Friends Meetings are held on a regular basis so that family members and friends of our residents can meet to discuss with us any topic which can affect the lives of our residents. These meetings are informal and

usually last for about one hour. Please come and support us, we are always pleased to hear of new ideas or suggestions which can make a difference to our residents. Please watch our notice board in the hall for the date of the next meeting.

EASTER RAFFLE

The winner of the first prize of M&S Vouchers for £50.00 in the Easter raffle was Caroline Ward our relief chef and second prize of the meat voucher from Vic Gibson the Butcher in Addiscombe, was won by Amanda Frith a resident. There were a total of 28 prizes and the list of winners was displayed on the hall notice board. Thank you to everyone who supported us.

BONUS BALL

We still have numbers available for our weekly lottery bonus ball. You can choose your number and keep it each week if you wish. The numbers cost just £1.00 per week. The lucky winner receives half of the weekly amount raised and the other half goes to the amenity fund. If the number which comes up on the Saturday bonus ball has not been chosen by our ticket holders, then there will be roll over to the next week. Money raised goes into the Residents Amenity Fund, so please support us and purchase your lucky number from Tracey.



JUST EXPLAINING!

I'm not complaining
Just explaining
How things now are with me

Can't climb the stairs
Or rise from chairs,
Without some help you see.

I'm not complaining
Just explaining,
My Speeds now are 'Dead Slow' and 'Stop'
My get up and go
Is painfully slow
But don't worry - I'll come out on top!

LIFE IS MOSTLY FROTH AND BUBBLE

By Adam Lindsey Gordon

Life is mostly froth and bubble,
Two things stand like stone,
Kindness in another's trouble
Courage in your own.

TALKING TO PLANTS

Many people to-day regularly talk to their plants, both indoors and in the garden. Gardeners in days gone by thought nothing of encouraging their plants along by an affectionate word (or with a good reprimand if they refused to grow and produce the required flowers and fruit). Modern research has proved that plants do actually respond favourably to sound stimuli from speech or music, which proves that both our ancestors and those of us who still indulge in the practice to-day were, and still are, not as stupid as might first appear!




SUMMER IS COMING!

Now summer is almost here, the green fingered among us are out in force digging,

aching muscles where we did not know we had muscle. The garden centres are busier than supermarkets with folk fighting over the last tray of Bizzie Lizzies and stocking up on canes, compost and clematis. Most gardens are beginning to take shape, the bedding plants are blooming as the soft rain freshens up the grass and overhanging shrubs. The hanging baskets with their trailing foliage of Verbene, Petunias and Begonias all require daily attention for watering and general feeding, but the glory of the flowers make it all worth it. We look forward to balmy summer evenings resting on the lounge with the delicate perfumes from the Jasmine and freshly mown lawns, while ice clink in the glasses of our long cool drinks and a neighbouring barbecue wafts its delicious aromas across the hedges. Ah bliss, tranquillity, ah summer!

HERE'S SOME HISTORY FUN

Next time you are washing your hands and complaining because the water temperature is not just how you like it, think about how things used to be around the year fifteen hundred.

Most people got married in June because  they took their yearly bath in May and still smelled pretty good by June. However, as time passed they were starting to smell, so brides carried a bouquet of flowers to hide the body odour. Baths consisted of a big tub filled with hot water. The man of the house had the privilege of the nice clean water following by his sons and other men living under the same roof. Then came the women and finally the children.

Last of all were the babies. By then the water was so dirty you could actually lose someone in it, hence the saying 'Don't throw the baby out with the bath water.'

WEATHERS

By
Thomas Hardy

This is the weather the cuckoo likes,
And so do I
When showers betumble the chestnut
spikes,
And nestlings fly:
And the little brown nightingale bills his best,
And they sit outside at "The Travellers'
Rest"
And maids come forth sprig-muslin drest,
And citizens dream of the south and west,
And so do I.



WORK THIS THEORY OUT

This is a short story about four people named: Everybody, somebody, anybody and nobody.

There was an important job to be done and Everybody thought that Somebody would do it. Anybody could have done it but nobody did it. Then somebody got angry about that because it really was anybody's job. Everybody thought anybody could do it but nobody realised that everybody would not do it. It ended up that everybody blamed somebody when nobody did what anybody could have done.



Summer Puzzle



E	L	A	V	E	N	D	E	R	Y	L	I	L	S	M
X	L	Y	J	C	S	Y	A	D	I	L	O	H	D	J
S	U	V	G	O	E	T	R	E	E	S	J	B	S	K
E	A	M	N	E	R	Z	S	J	W	V	K	L	R	S
I	K	Y	I	N	V	H	E	C	E	S	W	U	E	J
T	T	P	N	I	Y	B	L	B	B	E	S	E	W	B
R	D	P	E	M	M	Z	B	R	F	S	P	B	O	E
A	G	O	D	S	C	M	A	E	R	O	O	E	L	N
P	Q	P	R	A	Z	S	T	W	I	R	R	L	F	I
B	B	Q	A	J	A	P	E	O	E	S	D	L	B	H
A	G	T	G	K	O	O	G	L	N	U	W	S	J	S
S	T	E	L	O	I	V	E	F	D	C	O	R	S	N
D	S	P	I	L	U	T	V	N	S	O	N	W	C	U
M	M	C	O	L	O	R	F	U	L	R	S	A	X	S
R	E	M	M	U	S	J	X	S	G	C	X	N	W	K

SUMMER
FLOWERS
ROSES
TREES
COLOURFUL
POPPY
BLUEBELLS

GARDENING
HOLIDAYS
BBQ
SUNFLOWER
JASMINE



LAVENDER
SUNSHINE
FRIENDS
PARTIES
LILY



TULIPS
SNOWDROPS
CROCUS
VEGETABLES
VIOLETS



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