



LRH-Homes

Care • Comfort • Compassion

# Hamilton News

The News Letter of London Residential Healthcare.

## WHO'S WHO

Director	Jag Grewal
Director	Pam Grewal
Operations Manager	Ron Dixson
Matron	Gnana Jayanetti
Administration	Andrea Day
Social Activities	Eirian Williams
Nurses Include	Frances, Mabel, Kammala, Nanda, Barbara, Vivien and Jasy
Healthcare Assistants	Grace, Qin, Katalin, Manel and Valentina - to name a few!
Catering	Chef's Seelan, Shamus and Eloy
Housekeeping	Parvin, Jose, Florida and Maitihilli
Laundry	Alan and Ravathy
Gardening	Noel & Richard
Maintenance	Isac

These are just a few of our valued members of staff who will work together to make **Hamilton** a *Home!*

# Welcome!

**F**irstly I would like to say a big warm hello and welcome to all our readers, old and new, who I am sure have been eagerly anticipating this edition of Hamilton News. As always the home is busy with Activities and preparations for the festive season. We are having such a lovely Autumn this year the mornings are nice, fresh and crisp!

I would like to remind everyone that the main purpose of Hamilton News is to keep you informed of what's going on at Hamilton and at the same time giving you the opportunity to air your views and any suggestions you may have for improving the service that we deliver. So please send in your ideas.

As always, I will now leave you with something to think about:

*The good we do today, becomes the happiness of tomorrow.*

**Pam Grewal**



October 2007

## Birthdays

During the next few months we celebrate the birthdays of the following residents:

### October

Daisy Bateson 30th



### November

Connie Prout 11th

### December

Cissy Stone 1st

Alexander Leslie 3rd

Christine Turner 4th



We wish all these residents a very happy birthday. Special wishes to Daisy who celebrates her 102nd Birthday. Please remember if there is anything that the staff here at Hamilton can do to make the residents birthday that extra bit special then please let Matron know and we'll do our best to oblige!

## Social Activities

### Previous Events

### Summer garden party-14th July



Everyone had a wonderful day. Steve Robins Provided great entertainment which had everyone singing and dancing. All the children seemed to have great fun on the bouncy castle. The raffle was a great success, we managed to raise £240 towards the Amenity fund. We had a great BBQ and lots of drinks flowed.

Everyone, specially the residents, seemed to have great fun, so a big thank you to staff, residents, family and friends for making our annual summer party a great success.

### Forthcoming Events

We now look forward to celebrating Halloween, Guy Fawkes Night, St. Andrews Day, Remembrance week and Christmas.

## Christmas Party



We are looking forward to our Christmas Party which will take place this year on Saturday 8th December, at 3pm. We look forward to entertainment from Brian Short along with our usual raffle and buffet. We hope to have a visit from Santa as well.

As in the previous years a box will be located outside the office for our raffle or any donations/prizes. Once again a huge 'thank you' for your continued support. All proceeds raised from our raffle will go towards the Residents Amenity fund.

**Eirian** continues to provide a full and varied programme of activities ranging from;

- ♥ **Gentle Exercise**- in the form of dancing, garden walks, parachute game, clapping etc.
- ♥ **Music**- in the form of singing at every session, musical instruments etc.
- ♥ **Visual Experiences**- with flowers, costumes from around the world uniforms of all kinds and Hats.
- ♥ **Memory Games**- I spy, reciting of Poetry and ditties, parts of the body (using a skeleton to prompt), where we were born (Kathleen Elboz recently told us that she was born in Waterford in Ireland but she couldn't remember much about it as she was rather young at that time).
- ♥ **Reminiscence**- about the Royal family, our favourite celebrities, war-time memories etc.
- ♥ **Colour Coding**- Colour reference is part of almost every session.
- ♥ **Tactile and Sensory Experiences** - from nature study (with cuttings from the garden), soft toy animals (for describing and cuddling) etc.

In addition the residents enjoy a weekly visit from our regular entertainers, Brian Short, Hedley Kay, Tommy Parsons, Music for Health and others.

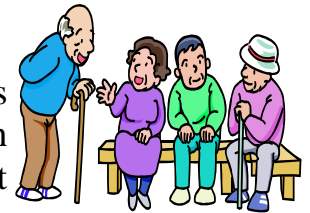


## Staff

You may have already noticed that sadly Karthika had to leave us due to personal reasons. We do miss her but are now pleased to have Seelan on board working in the kitchen. Seelan shares his workload with Seamus and Eloy.

## Friends Meeting

Our next meeting is planned for Tuesday 27th November, 2007 at 7.30pm. Residents, relatives and friends are all invited to come and discuss ways to improve the home in terms of nursing and social care. It is a good opportunity to meet other friends of the home. Please try to come along to the next meeting and let us know your ideas and suggestions. If you would like to raise any issues or comments but are unable to attend in person, please feel free to drop us a note and your comments will be addressed in the meeting.



## Condolences

Our condolences go out to Barbara, family and friends of Phyllis Beasant who sadly passed away earlier this year. She is greatly missed by everyone at Hamilton.

## Views and Ideas



Thank you all for your continuing support and we hope you enjoyed reading our copy of Hamilton News. We at Hamilton look forward to the next edition, which will be equally enjoyable but with more articles from our readers, so please write in, so until we meet again do take care.



*Leaves*

*How silently they tumble down  
And come to rest upon the ground  
To lay a carpet, rich and rare,  
Beneath the trees without a care,  
Content to sleep, their work well done,  
Colours gleaming in the sun.*

*At other times, they wildly fly  
Until they nearly reach the sky.  
Twisting, turning through the air  
Till all the trees stand stark and bare.  
Exhausted, drop to earth below  
To wait, like children, for the snow.*

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