



LRH-Homes

Care • Comfort • Compassion

Southborough News

The News Letter of London Residential Healthcare.

WHO'S WHO

Director	Jag Grewal
Director	Pam Grewal
Operations Manager	Ron
Matron	Kathy Litster
Social Activities	Liz
Reception	Norman, Emma & Juliet
Nurses Include	Valda, Maria, Beda, Anabelle, Raichel, Sheeba, Jaya and TiniMol
Healthcare Assistants	Brenda, Mary, Anna, Alice, Aleyamma, Jyothi - to name a few!
Catering	Chef's Martin & Seamus assisted by Issac, Elizabeth, Suthakarn & Eloy
Housekeeping	Maria, Michelle, Pauline, Will and Patricja
Laundry	Aruna
Hairdressing	Diane
Gardening	Noel & Richard
Maintenance	Isac

These are just a few of our valued members of staff who will work together to make Southborough a *home!*



Welcome!!



Firstly I would like to extend a warm welcome to all our existing residents and all our new residents, who have joined us since the last publication of Southborough News. We hope all the new residents and staff enjoy their time in our home.

The summer season has arrived and thankfully the sun has been shining bright. We will be continuing to have a joyful summer season and looking at the diary, we have got many events organised.

I would like to remind everyone that the main purpose of Southborough News is to keep you informed of what's going on at Southborough and at the same time giving you the opportunity to air your views and any suggestions you may have for improving the service that we deliver. So please send in your ideas.

As always, I will now leave you with something to think about:

Believe in what you do- Do what you believe in.

Pam Grewal



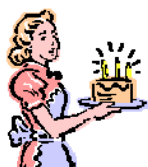
Investor in People Award

We are pleased to announce that LRH-Homes, which includes Southborough Nursing Home, has once again been accredited with IIP status. Well done to everyone for all your hard work when the assessment took place. It is a nationally recognised status and has benefits to every employee and the company as a whole.

Customer Satisfaction Survey



Thank you to everyone who completed a customer satisfaction survey form. Your comments and suggestion have been noted and where appropriate action has been taken. Overall, 68% of our customers have indicated that our services at Southborough Nursing Home is either very good or excellent.



Birthdays



During the next few months we celebrate the birthdays of the following residents:

Gwen Rogers	30th June
Cath Bull	12th July
Maureen Carroll	20th July
Eva Pavli	25th July
Geoffrey Field	11th August
Josie Lee	11th August
Roy Chasteau	12th August
Sybil Durand	18th August
Irena Gregory	29th August (which is a very special birthday)

We wish all these residents a very happy birthday. Please remember if there is anything that the staff here at Southborough can do to make the residents birthday that extra bit special, just ask and we will do our best to oblige!

SOCIAL ACTIVITIES

As Kasia will not be returning, we welcome our new social activity organiser Liz, who has several years of experience and is looking forward to meeting and working with all our residents. As you are aware we have recruited a receptionist, Emma, for the afternoons and all the day Fridays, we wish both of them a long and happy association with Southborough.

Coffee Morning on Sunday 24th June was a great success. Everyone had a great time. Residents, relatives



and friends enjoyed wonderful coffee, tea, cakes and muffins. There was a raffle, good music and chat had by all. It was also lovely to see Arthur Nicholls our good friend come back to see us again. Congratulations and thank you to Brenda and her excellent helpers Isabelle and Alice for making this such a successful event. We also look forward for our summer party which is on Saturday 14th July from 3.00 to 6.00 pm, which family and friends are invited.

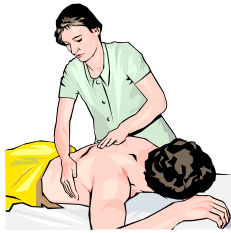
'Music for health' with Tina still continues to be a success This includes singing and playing instruments and Reminiscence. The next dates for these are Monday 23rd July at 2.00 pm and Monday 20th August at 2.00 pm.

We also have our popular entertainers Hedley Kaye and Brian Short performing on a regular basis.



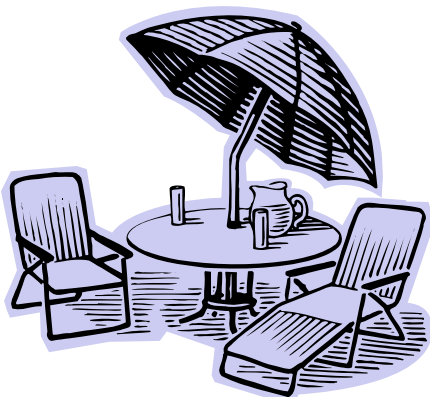
The Revd. Simon Homes, will now conduct the monthly church service at Southborough with the following dates June 27th, July 25th and August 29th all starting at 3.15 pm and on a Wednesday

Liz Cade visits three mornings a week to supply Aromatherapy sessions which are proving very successful and we have received excellent feedback



We have introduced regular weekly sessions of cookery, 'Sing-a-long', sensory and Reminiscence Therapy which seem popular. Gardening sessions will also feature regularly on the programme (Weather permitting)!

Our outings have been a success which have so far included trips to Morden Hall Park, Garson's Farm, and a PUB lunch at the Shy Horse Pub. Upcoming trips include Wisely Gardens, The Bentalls Shopping Centre, Harts Boat Yard, The Isabella Plantation and The Plough and Harrow Pub. The full list and dates can be found at reception and on the notice boards.



If any relatives or friends have any suggestions for activities please free to discuss these with Liz.

I would like to thank everyone for their kind support which makes Southborough a Home and remember my door is always open. I wish you all a lovely summer.

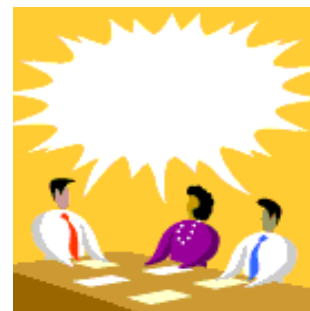
Kathy Litster
Matron

Friends Meeting



We will be holding the next meeting on 30th July 2007 at 7.30 pm. I do hope you can come along. Residents, relatives and friends are invited to come and discuss ways to improve the home. It is a good opportunity to meet other friends of the home.

Views and Ideas



Thank you all for your continuing support and we hope you enjoyed reading our copy of Southborough News. We at Southborough look forward to the next edition, which will be equally enjoyable but with more articles from our readers, so please write in, so until we meet again do take care.



Scent of Summer

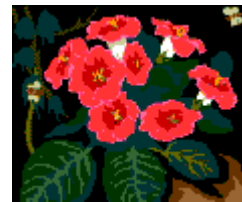
*Smell of hot concrete, metal and tar
hint of fresh mowed grass
perfume of rain, sunshine and roses
- is the scent of summer.*

*Steeping one foot within each square
of narrow hand poured walks
leaving wet barefoot impressions
-is the image of summer.*

*Warbles and chirps, twitters and caws
wafting from leafy boughs
the barking of squirrels at prowling cats
-is the music of summer.*

*Warm sudden wind of approaching thunder
electricity charging the air
caress of cool rain refreshing the earth
-is the touch of summer.*

*Through all my senses run a thread of time tinged
with the memory
of summer*



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