



LRH-Homes

Care • Comfort • Compassion

Southborough News

The News Letter of London Residential Healthcare.

WHO'S WHO

Director	Jag & Pam Grewal
Operations Manager	Ron Dixson
Matron	Kathy Litster
Social Activities	Liz
Reception	Norman, Emma & Juliet
Nurses Include	Valda, Maria, Beda, Anabelle, Raichel, Sheeba, Jaya
care Assistants	Brenda, Mary, Ann, Surya, Raj, Rupinder - to name a few!
Catering	Martin & Seamus assisted by Issac, Selan & Vijitha
Housekeeping	Maria, Michelle, Pauline, Will and Patricja
Laundry	Aruna
Hairdressing	Diane
Gardening	Noel & Richard
Maintenance	Isac

These are just a few of our valued members of staff who will work together to make **Southborough** a *home*.

Welcome!

The time seems to go by so quickly and before we know it, Spring will be upon us. It will be really pleasant to take advantage of our lovely garden and hopefully our residents will soon be able to sit on the terrace enjoying morning coffee whilst taking in the beauty of the surroundings.

I would like to take the opportunity of welcoming new residents, their relatives and members of staff. We hope they have an enjoyable association with Southborough, enjoy reading Southborough News and remember contributions are always welcome.

As always I will leave you with a thought:

“ One can pay back the loan of gold, but one lies forever in debt to those who are kind”

Pam Grewal

February 2008

Birthdays

A very Happy Birthday to all the following Residents:



February:

Doris Thorne 18th

Sinnaammah Subramanian 19th

March:

Ann Fullard 3rd

Margaret Guinness (Meg) 4th

Sadie Walton 10th

Margaret Pelling 19th

April:

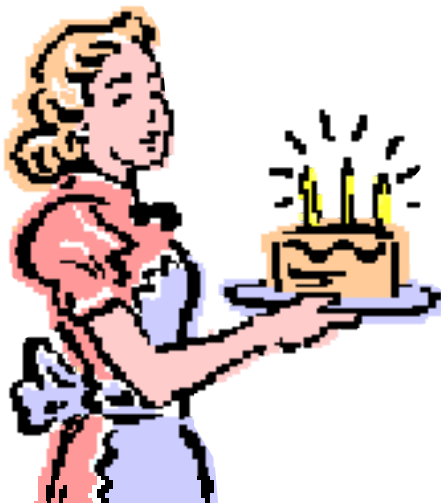
Robert Duran (Bob) 3rd

Edna Mason 5th

Yolanda Capaldi 11th

Gordon Cann 24th

Jaqueline Smith 27th



We would like to convey our warmest wishes and congratulations on the occasion of their birthdays. If any resident or relative has any requests for something that would make the resident's birthday that extra bit special then please let the Manager know and we'll do our best to oblige!

Social Activities

Recent Events

Christmas Carol concerts December 2007



Children from two local schools kindly came to perform wonderful carol concerts. The

children sang and played instruments to us all impeccably. A big thank you to all of the children, teachers and parents involved.

Christmas party... 8th December 2007

Everyone had a wonderful time !!

It was so lovely to see lots of family and friends!! Brian Short sang all the Christmas



favourites which we all joined in with. We were honoured to have the Mayor of Kingston attend our party. He spent much time meeting and chatting to our residents and families which was much appreciated .

We would like to thank him for his kind visit. Our raffle was a great success. well done to the many winners including Carol & Mike Bowring (Stans Family) who won the top prize of a Luxury Hamper! The food and drink flowed along with the singing and dancing well into the evening.

So a big thank you to staff, residents, family and friends who helped make Christmas 2007 a great success!!

‘Che Tango’ 23rd January 2008

Michele, a professional dance teacher (and niece of our resident Joyce Ball)



brought her dance troupe to perform a show for us. The troupe danced the ‘Argentinean Tango’ explaining the history behind the dance.

They went on to perform different dances including the Waltz and traditional Tango. A wonderful display of talent which everyone really enjoyed. Thank you so much to Michele and the rest of her performers for a wonderful afternoons entertainment.

Valentine Tea Party 14th February 2008

We all had great fun on Valentine’s Day.



Together we described things that would make a perfect Valentine’s Day, sang love songs and ate Chocolates.

Forthcoming Events

Friday 14th March 08 @ 2.30pm

‘Debbies fashions clothes show’

Monday 17th March 08 @ 2.30pm

‘St Patricks day Celebration’

Friday 21st March 08 @ 2.00pm

‘Easter Party’

Sunday 23rd March 08 (check the notice board for time)

‘Easter Day’

Thursday 10th April 08 @ 2.00pm

‘Jan & Jean ’ Live Entertainment

Wednesday 23rd @ 2.30pm

‘St. Georges day’ celebrations

We also have our entertainers Hedley Kaye and Brian Short performing on a regular basis.

If any relatives or friends have any suggestions for activities please free to discuss these with Liz.

Matrons Thought

I would like to thank everyone for their kind support which makes Southborough a Home and remember my door is always open.

Views and Ideas

Thank you all for your continuing support and we hope you enjoyed reading our copy of Southborough



News. We at Southborough look forward to the next edition, which will be equally enjoyable but with more articles from our readers, so please write in, so until we meet again do take care.



Early in the Spring
By James Kent

Early in the Spring
Not a leaf has struck the ground
The swallow has yet to sing
And the ploughmen are nowhere to be found

Early in the Spring
The forest stands still
And no creature dare come out
Before the sun rises o'er the hill

Early in the spring
The valley holds the morning dew
And its serenity captured
By only a certain few

Early in the Spring
the trees turn, brown to green
Many changes occur
But few can be seen

Early in the Spring
Or in the latter of fall
No matter the change of season
The evergreen stands tall

Southborough Nursing Home
12-14 Langley Avenue
Surbiton
Surrey
KT6 6QL
Tel: 0208 390 3366, 0208 390 2299
Fax: 0208 390 9394
Website: www.lrh-homes.com
Email: southborough@lrh-homes.com



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