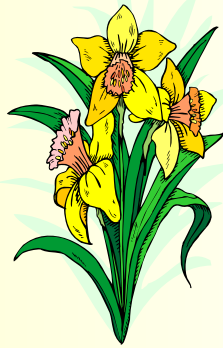
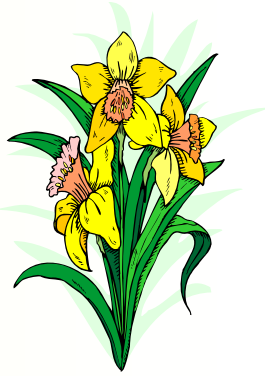


Belmont Castle

February 2007



Matron's Messages



February 6th Mr Carpenter
February 17th Mrs Bennett
February 23rd Mrs Bagshaw
February 27th Mrs Bailey

March 18th Mrs Forsdick
March 24th Mrs Cox
March 29th Miss Davis

Residents Birthdays

Congratulations to Michelle who has been promoted to Operations Manager for the Southern Region of LRH-Homes. This does however mean that we at Belmont Castle will not be seeing as much of her as we would like to but she will be based here and we will still see something of her. She is still the Manager of Belmont Castle so if there is anything you need to talk to her about then please ask Jan when she will be in the building. Whenever I am here my door is always open so please do not hesitate to come and see me with any concerns you may have.

With Best Wishes for 2007,

Matron and all the staff at Belmont Castle.

A poem for those of you who have lost family pets...

“IF IT SHOULD BE”

*If it should be that I grow weak
And pain should keep me from my sleep,
Then you must do what must be done
For this last battle can't be won.
You will be sad I understand
Don't let your grief then stay your hand
For this day more than all the rest
Your love for me must stand the test
We had so many happy years
What is to come can hold no fears
You'd not want me to suffer so
The time has come, please let me go.
Take me where my needs they'll tend
And please stay with me until the end
Hold me firm and speak to me
Until my eyes no longer see
I know in time that you will see
The kindness that you do for me
Although my tail it's last has waved
From pain and suffering I've been saved
Please do not grieve, it must be you
Who has this painful thing to do
We've been so close we two these years
Don't let your heart hold back the tears.*





We are happy to see Zara returning to work shortly, after the birth of her baby son, Callum four months ago and a warm welcome to our new members of care staff Sara Hayman, Sally Clarke, Irene Williams. Christine Campbell, Deborah Corner, Sonia Logan and Jan our administrator. We now have Jackie Dodd as a domestic and Steve working regular hours in the kitchen who is always available to listen to your comments on the menus and any suggestions you may have. Angie has joined him as kitchen assistant. Morna is expecting a baby in May so will be leaving us next month but hopefully will be returning later on in the year. We all wish her well and will miss her.

A very warm welcome to our new residents Mrs Cocks, Mr Cochrane, Mrs Bagshaw, Mrs Forsdick, Mr Malson, Mrs Taylor, Mrs Ireland and Mrs Couzens who have moved to Belmont Castle since the last newsletter. Finally we all wish Mrs Jackson a speedy recovery after being in hospital.

*As you may have noticed we are now having the gardens regularly maintained by a group of gardeners. They are from the **Beneficial Foundation** which is a registered charity that encourages people with learning disabilities to develop their horticultural skills and to attain relevant qualifications. If you have any suggestions or ideas for the gardens then please let us know.*

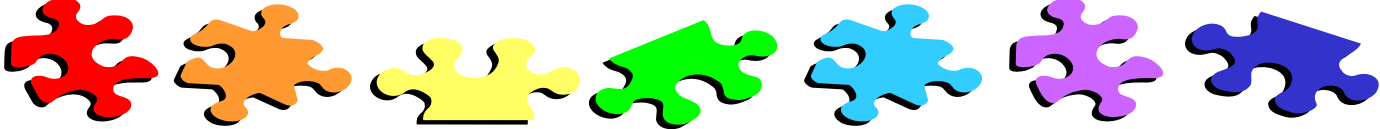
In December we were challenged to a bowling tournament and to take on the current champions as well as all the other homes in the LRH-Homes group.

After a nail biting evening Belmont Castle are now the reigning champions and looking forward to a local re-match. The trophy is on display in the front foyer.

The team members were:

Michelle, Rob, Jan, Therese, Kim and Lorraine.





Activities Page

Now that the New Year is here it is time to think about the longer days and what we can get up to once the weather starts to change. I want to start regular shopping trips but transport is always a problem so please be patient and I will inform you of any trips.

Christmas Quiz

The evening was a great success and the mulled wine and mince pies went down a treat. I ordered the questions from the internet and paid the great price of £7-50 for them which I consider to be a waste of money as the questions themselves were unanswerable for many of us!!!! However Mrs Van Hienan's family team won it yet again and are looking for some stiff competition for the next quiz, hopefully in March.

Christmas Party

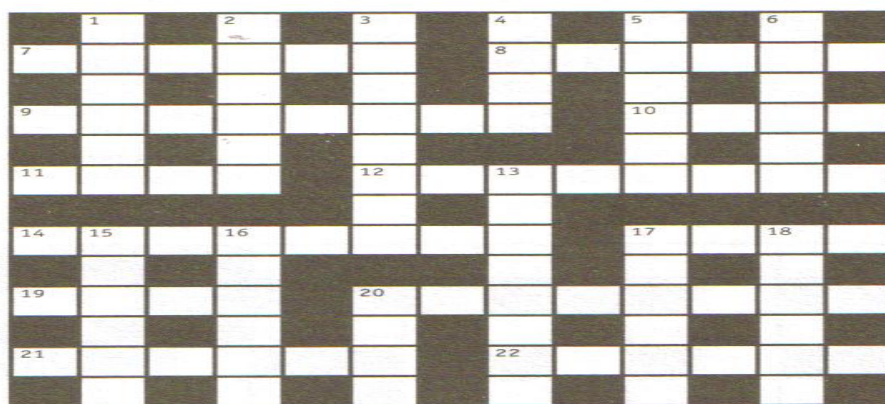
This again was a lovely afternoon and many thanks to the people who helped, especially to Mrs. Ridgway and Mrs Morgan who ran the Tombola and Raffle stalls. We raised £160-00 in the afternoon all of which goes into the residents fund.

You should all be aware of the type of activities on offer but if there is anything else I can help you with please do not hesitate to contact me.

Therese

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Coffee Break



Across

7. Bewilder (6)
8. Headgear for a horse (6)
9. City in central Italy (8)
10. Irritation (4)
11. Remain (4)
12. Worn out (8)
14. Built-in (8)
17. Preserve (4)
19. Mark left by wound (4)
20. Merited (8)
21. Dog-like (6)
22. Relating to the mountains (6)

Down

1. Vote (6)
2. Disturbance (6)
3. Ms Saunders, comedienne (8)
4. Capable (4)
5. Concealing (6)
6. Trite or obvious remark (6)
13. Lucky charm (8)
15. Flower 'juice' (6)
16. Common garden insect (6)
17. Abrade (6)
18. Capital of Austria (6)
20. Feat (4)