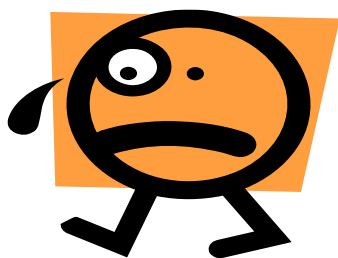




FAREWELL LETTER FROM SR. PEGGY

Over the past 24 years I have said goodbye to members of staff who were about to leave us, mostly for happy reasons such as moving house, going on for further training, or having a baby. However, retiring is a little different and sad in some ways, because it brings to an end an important part of your life. I do not think there was ever a time when arriving for work I would say to myself “Roll on home time”.



I have always enjoyed my days here and of course will miss you all so much, especially Sr. Ronnie, who has always been here to smooth out any problems. Also Dear Sr. Ruby who retired a short time ago, Sr. Scottie and Sr. Esther and the young staff nurses, and of course all you lovely carers, without you all there would be no Barrington Lodge. I will also remember the night staff who keep things ticking over during the long nights especially Phyllis, Katie and Yvonne who started with me at the beginning and Phyllis Fritz and Kath followed soon after by Sr Ellen and Sr. Karen. Thank you for all the cups of tea giving to me when I arrived early to work.

Then there is Dot our Housekeeper forever fixing things and Ann sitting calmly at her desk greeting everyone with a lovely smile. I must also mention Mo and her kitchen staff, especially Julie who has been here as long as I have, but is only half my age. Thank you to all our

domestic staff, who sometimes fight a losing battle keeping the home tidy, also finding my glasses when I mislaid them. I must mention Mick who is here to repair things.

I will not forget the Friends and Families Committee, who give so much support to the welfare of our residents making sure our good standard is kept up. This dedication is unique and I am proud to have been a part of it for so long.

Now I must say farewell to you all, my heartfelt thanks for all your good wishes and surprises you have given me. I hope you will invite me to your ‘special events’ that crop up from time to time. Take great care of yourselves and those you look after.

Sr. Peggy Cole.

THANK YOU TO SR. PEGGY

Sr. Peggy Cole retired in June after 24 years working at Barrington Lodge. She was here when the home first opened under the ownership of the Bond Family and has given dedicated service to the company and our residents.



Sr. Peggy maintained extremely high standards of care combined with a caring attitude to residents and their families. Her friendly approach endeared her to the staff and she became ‘Aunty Peggy’ with a sympathetic ear and wise council to those who needed it.

We thank Sr. Peggy for her efforts with the Newsletter over the years, which she kept going through

all the changes, of which there have been many. She will be greatly missed by us all and we wish her a long and happy retirement.

Sr. Ronnie Rayner.

BIRTHDAY CELEBRATIONS

In July we had four birthdays to celebrate for:

Amanda Frith	1 st
Edward Steele	2 nd
Rose Morton	4 th
Ivy Giles	13 th



In August there are six birthday people and they are:

Iris Perry	1 st
Gladys Fowler	5 th
Vera Davies	9 th
Bill Gilliam	10 th
Catherine Foley	18 th
Doris Pacitti	21 st



In September we have only two birthdays for:

Kandiah Balasundaram	7 th
Hildegard Mielek	10 th

We hope that you all enjoy your special day with lots of cards, flowers and a special cake made for you by our chef.

We must especially mention Mrs Rose Morton who celebrated her 100th birthday on the 4th July. Rose was kept busy on her special day, receiving lots of visitors to wish her a happy birthday. Her daughter Jean has written these few words about her Mum in honour of the occasion.

Rose was born in Stockwell in South London on 4th July 1907. Her mother was a milliner and her father was a musical conductor. Un-

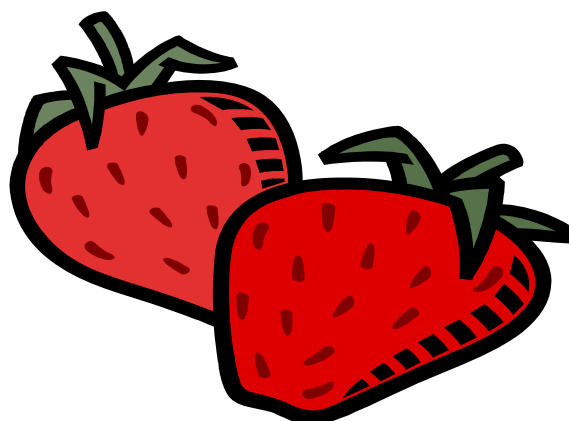
fortunately her Mother died giving birth to Rose so she was brought up by her Grandparents. At the age of 14 she went into service and worked in some very grand houses. Rose and her husband had one son and two daughters and at one time Rose was a Foster Mother. Her husband died 35 years ago from a stroke. Rose has had to work hard all her life and learnt to be independent from an early age. She has always been a caring person but would never push herself forward. She is very much loved by her family

Jean Lopez

STRAWBERRY TEA

The weather was dull as we got ready for our annual summer tea party on Sunday 15th July. We had about half an hour to set up the stalls before the heavens opened and the thunder and lightning began! We had stalls for; tombola, books, cakes, hanging baskets, guess the doll's name and the most important one – the booze tent. When the rain started the residents, mostly in wheelchairs, were swiftly pushed indoors. Poor Trish on the tombola stall had to just grab the cash and tickets and try to push her prizes under the tables and hope for the best.

After a prolonged downpour, the weather changed into 'not a bad afternoon'. When we restarted the tombola did well, but the stalls had to struggle to take a few pence. Unfortunately a whole tray of Chef Mo's scones got waterlogged, which was such a shame.



The entertainment was lively with a country and western singer, she had the 'groovy' staff doing their stuff on the terrace, and I even spotted Sr. Peggy and Ron doing a really good impression of Fred Astaire and Ginger Rogers routine.

Then came tea, well what a spread, Chef Mo really excelled. The table looked fabulous with a large dressed salmon taking centre place. There was; chicken, quiches, nibbles, salads, sandwiches and all kinds of buffet food, including a full range of mouth watering desserts. Chef Mo's potato salad was the best I have had – recipe please.

Despite the bad weather it was a great day. Thank you to Tracey for all her hard work and to Dot and Julie who spent Friday getting the garden ready. Thank you to all the staff who got the residents indoors so quickly and to Keith who got extremely wet and worked like a Trojan to get all the people and the sales staff under cover during the downpour. Also to the families who support these events, they never get downhearted even in bad weather!

Patricia Power.

Note: A total of £530.00 was raised for the Residents Amenity Fund which will help pay for our residents outings and entertainment. Thank you to everyone who supported us on the day. We are all hoping that next year the weather will at least be a little dryer.

Chef Mo's Favourite Music

We all like parties and many of our residents have a party when it is their birthdays, so I like thousands of other people watched the 'Dianna Concert' which was a very large party in celebration of the life of Dianna Princess of Wales. During the concert a wide selection of music was played including; ballet, R&B, Rock and ballads. I like all kinds of music and my favourite singer is Elvis

Presley lived. I am looking forward to this trip very much and have been planning it for a long time.



Now that Sr. Peggy has retired and will no longer be contributing to the Barrington Newsletter, I along with other members of staff and residents families have written items for the first time for the Newsletter and we hope that you will enjoy our efforts.

If after reading these contributions you feel that you can write something that would be of interest to our residents, then please contact either Sr. Ronnie, Ann at reception or myself.

Maureen Reynolds

DATE FOR THE DIARY



Please note that the next Friends Meeting will be held on Thursday 20 September 2007 commencing at 6pm. Our meetings are very informal and all family members and friends of our residents are welcome to attend.

THE PERFECT GARDEN

If your garden is a bit untidy, bushes need pruning, a few weeds here and there, then it is just perfect, like mine. The RSPB can provide information on a varied diet for any winged visitors but you can scatter bread crumbs and scraps of pastry. Placing round your garden several large shallow dishes of water for drinking and bathing to keep feathers clean will also be a great help. Then there is the squirrel who eats the apples put out for the Blackbirds. And last but not least any passing fox will gladly eat up any leftovers thereby keeping your dustbin emptier and less for the bin men to take away!

So finally, you see, you do not need to feel guilty that your garden cannot compete with Chelsea, it will be just perfect for the wildlife – you know it’s worth it!

Sr. Scotts

HIGH SUMMER

Shimmer of sunbeams on bright water
Glimmer of daisies, scent of hay
Church bells chiming – Oh so softly
Over the fields, from far away
Dabble of ducklings on the river
Downy and golden drifting by
Willows with pale green tossing tresses
Under the bluest ever sky
Murmur of wild doves in the coppice
Laughter of children at their play
Oh’ this is summer in all it’s glory
This is the perfect summer’s day

Selected by Ethel Patterson



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