



LRH-Homes

Care • Comfort • Compassion

# Oaklands House News

The News Letter of London Residential Healthcare.

## WHO'S WHO

Director	Jag Grewal
Director	Pam Grewal
Operations Manager	Michelle Shann
Nursing Manager	Ann McCulloch
Administrator	Elaine Coshott
Nurses include	Tula , Sinimol , Jessy, Shyby, Charles, Lissy, Liji and Pippa
Healthcare Assistants	Beverley, Pat, Amanda, Angie, Sandra, Naomi to name a few!!
Catering	Sheena, Laura and Sarah
Housekeeping	Eva and Jiri
Laundry	Georgina
Maintenance	Peter

These are just a few of our valued members of staff who work together to make Oaklands House a *Home!*

# Welcome!



**F**irstly I would like to extend a warm welcome to all our existing residents and all our new residents, who have joined us since the last publication of Oaklands House News. We hope all the new residents and staff enjoy their time in our home.

The summer season has arrived and thankfully the sun has been shining bright. We will be continuing to have a joyful summer season and looking at the diary we have got many events organised.

I would like to remind everyone that the main purpose of Oaklands House News is to keep you informed of what's going on at Oaklands House and at the same time giving you the opportunity to air your views and any suggestions you may have for improving the service that we deliver. So please send in your ideas.

As always, I will now leave you with something to think about:

*Believe in what you do- Do what you believe in.*

*Pam Grewal*

## Matron's Corner

I am looking forward to seeing everyone at our Open Day on 26th June when we will have finished our refurbishment programme. I am sure you will all agree the Home now looks fantastic. I must thank everyone for your patience during these works.

I would also like to welcome our new residents:

Ursula Bennett, Percival Pearce, Peter Floyd and Lena Butt.

We hope you all settle in well at Oaklands House.

## Residents Birthdays

Helena Pitcher 17th July  
Joyce Beer 17th July



We wish them all a very Happy Birthday. If any resident or relative has any requests for something that would make the resident's birthday that extra bit special then please let Matron know and we'll do our best to oblige!

## Themed Menus

We will be holding themed menus with lots of exciting foods and drinks on the following days:

- ◆ American Independence Day
- ◆ Bastille Day
- ◆ Spanish Theme day



## Investor in People Award

We are pleased to announce that LRH-Homes, which includes Oaklands House Nursing Home, has once again been accredited with IIP status. Well done to everyone for all your hard work when the assessment took place. It is a nationally recognised status and has benefits to every employee and the company as a whole.



## Social Activities



Piers, the organ player continues his visits every fortnight, as does Joseph, our guitar player.

Karen our Art therapist continues with her weekly visits.

## Staff News

Congratulations to Liji who got married on 10th May and we look forward to her return from India with her new husband.



## Friends Meeting

We will be holding the next meeting on Wednesday 18th July at 6.30pm, I do hope you can come along. Residents, relatives and friends are invited to come and discuss ways to improve the home.



## The Nine Commandments



For relatives, friends and those caring for hearing impaired people.

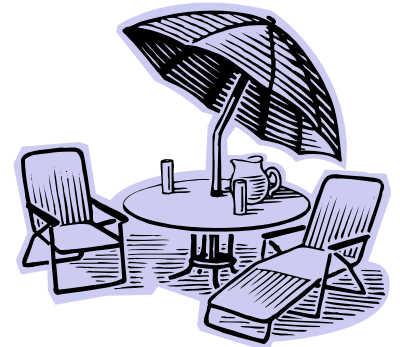
1. Hard of hearing people need to see you clearly.
2. Face the light and the person at all times.
3. Include hard of hearing people in your conversation, let them know what you are talking about.
4. Do not hide your mouth e.g. behind a newspaper.
5. Talk directly to hard of hearing people.
6. Speak clearly, not too fast and repeat if necessary.
7. Do not shout into the ear or hearing aid.
8. If you are in a group, tell hard of hearing people what you are laughing about.
9. Avoid unnecessary noise, get their attention before speaking



## Ah Summer

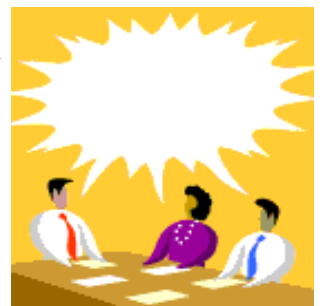
Now summer is almost here, the green fingered among us are out in force digging, weeding and planting and complaining of aching muscles where we did not know we had muscle. The garden centres are busier than supermarkets with folk fighting over the last tray of Bizzie Lizzies and stocking up on canes, compost and clematis. Most gardens are beginning to take shape, the bedding plants are blooming as the soft rain freshens up the grass and overhanging shrubs. The hanging baskets with their trailing foliage of Verbene, Petunias and Begonias all require daily attention for watering and general feeding, but the glory of the flowers make it all worth it. We look forward to balmy summer evenings resting on the lounge with the delicate perfumes from the Jasmine and freshly mown lawns, while ice clink in the glasses of our long cool drinks and a neighboring barbecue wafts its delicious aromas across the hedges.

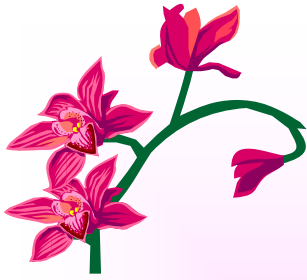
**Ah bliss, tranquility, ah summer!**



## Views And Ideas

Thank you all for your continuing support and we hope you enjoyed reading this copy of Oaklands House News. We at Oaklands House look forward to the next edition, which will be equally enjoyable but with more articles from our readers, so please write in, so until we meet again do take care.





## *Scent of Summer*

*Smell of hot concrete, metal and tar  
hint of fresh mowed grass  
perfume of rain, sunshine and roses  
- is the scent of summer.*

*Steeping one foot within each square  
of narrow hand poured walks  
leaving wet barefoot impressions  
-is the image of summer.*

*Warbles and chirps, twitters and caws  
wafting from leafy boughs  
the barking of squirrels at prowling cats  
-is the music of summer.*

*Warm sudden wind of approaching thunder  
electricity charging the air  
caress of cool rain refreshing the earth  
-is the touch of summer.*

*Through all my senses run a thread of time tinged  
with the memory  
of summer*



**Oaklands House Nursing Home**  
Allington Lane  
West End, Southampton  
SO30 3HP  
Tel: 02380 472581  
Fax: 02380 471272  
Email : oaklands@lrh-homes.com



**LRH-Homes**  
Care • Comfort • Compassion