



LRH-Homes

Care • Comfort • Compassion

# Steep House News

The News Letter of London Residential Healthcare.

## WHO'S WHO

Director	Jag & Pam Grewal
Operations Manager	Melanie Taylor
Manager	Clare Hall
Administrator	Karen Rubra
Nurses include	Elza, Bini, Aleyamma, Jyothi, Maina, Tika, Lucy and Jomol
Care Assistants	Doreen, Laura, Seth, Lincoln, May, Sreeja, Mary, Pouly to name a few!!
Catering	Helen, Lorraine, Kate, Becky and Michael
Housekeeping	Sheila, Wayne and Sam
Laundry	Pauline, Becky and Sam
Maintenance	Martyn Ball

These are just a few of our valued members of staff who work together to make Steep House a *Home!*

# Welcome!

A big warm hello and welcome to all our readers, old and new, who I am sure have been eagerly anticipating this edition of Steep House News. We are pleased to welcome Clare Hall as our new Home Manager who has a wealth of experience in the care sector. We have Tanya coming back to us in early February, after her maternity leave. We also welcome three new Nurses Tika, Lucy, Jomol and several new care staff. Our three adaptation students, Jisha, Bona & Vinju have now received their PIN registration and are off to work as Registered Nurses in another home. We would all like to wish them the best of luck for the future.

Our training programme has been progressing this month, with 3 staff completed courses in wound care, 2 in IT systems, 10 in manual handling, 11 in preventing abuse, and 3 in infection control. We also have 4 staff members undertaking training in dementia care.

We are also looking forward to the building extension starting sometime in March 2008 and hope to finish early next year. The plans are being displayed on the notice board which include a new 13 persons lift, new bedrooms, more lounge space, bathrooms and a new laundry.



January 2008

## Activities

We have a new activities co-ordinator at Steep House. His name is Alex, and he will be organising a full and varied programme of activities. If you have any ideas for activities or outings, please let him know.

## Previous Event

### Christmas Party



We had a lively Christmas party – many relatives and friends visited, and enjoyed the entertainment provided by Victor Monro. Santa made time in his busy schedule to hand out presents to all the residents. The raffle raised £122 – which will go to the Residents Amenities Account to contribute to social activities.

## Cheese and Wine Party

**Saturday 9th February 4-6pm**

This is your chance to meet all the Heads of Department at Steep House, and enjoy some wine and nibbles at the same time.



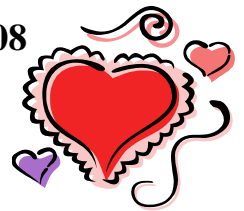
The plans for the new extension will be on display, for you to see how the new building will look. You will have plenty of opportunity

to ask any questions you have about any aspect of the Home. Please note a separate access has been built for the builders and we hope there will be minimal disruption to our visitors and residents. Plans have been posted on the notice board and if you need any more information then please speak to Karen or Clare.

## Forthcoming Events

**Thursday 14th February 2008**

**Valentines Day lunch.**



If you would like to attend this, please let Alex know as soon as possible.

**Sunday 23rd March 2008**

**Easter Tea 4pm—6pm.**



All friends and relatives invited  
- please RSVP to Alex ASAP.

**Monday 21st April at 2.15pm**

**Churchers College Junior School Choir**



The boys sang for us at Christmas—now the girls are coming to entertain us. Come along and enjoy.

## Residents Committee

We have a newly formed residents committee at Steep House. Michael Burchett has been elected the Chair, and Dennis Collett the Vice Chair. We will be holding the next meeting on 13th February at 2.30 pm, if you have issues you would like raised at future meetings, please contact them via Steep House

## Residents Birthdays

### February

Kath Hatcher	1st
Patricia Stewart	10th

### March

Edith Cannings	6th
Mary Fiander	28th
Peter Williams	28th
Alice Good	30th

### January

Bruce Weir	6th
Betty Boreham	21st
Madge Sargeant	22nd



We would like to convey our warmest wishes and congratulations to them all on their birthday. If any resident or relative has any request for something that would make the resident's birthday that extra bit special then please let the manager know and we'll do our best to oblige!

## Laundry

We are please to inform you that we have a new laundry planned for later this year. However in the mean time please note that we have limited laundry facilities, and cannot care for delicate or woollen items. Our machines can only deal with hot washes for heavily soiled items or warm washes for lighter soiled items.



Please ensure that all possessions are clearly labelled. This includes resident's spectacles

as well as clothing. As you can imagine, we get a lot of spectacles left lying around, and we would like to be able to return them to their rightful owner.

## Managers Thoughts

I would like to thank all the residents, relatives and visitors for their continuing support, which makes Steep House a Home and remember my door is always open. I wish to say a big thank you to all the staff for their hard work and effort.

We are currently in the process of updating all our files. This will mean that the care plans will be reviewed with your involvement, and will need you or your relative to sign agreement. The named nurse will be in contact with you shortly.

We are also updating the Terms and Conditions which you need to sign and return to Karen. It is a legal requirement that each resident or their representative have this information, and the Home have a copy on file. If you have any questions, please do not hesitate to contact us.

## Views and Ideas

Thank you all for your continuing support and we hope you enjoyed reading our copy of Steep House News. We at Steep House look forward to the next edition, which will be equally enjoyable but with more articles from our readers, so please write in, so until we meet again do take care.



