



**LRH-Homes**  
Care • Comfort • Compassion



# *Steep House News*

The News Letter of London Residential Healthcare.

## **WHO'S WHO**

<b>Director</b>	Jag Grewal
<b>Director</b>	Pam Grewal
<b>Operations Manager</b>	Ron Dixson
<b>Manager</b>	Marion Fleet
<b>Social Activities</b>	Alex Harding
<b>Administrator</b>	Nathalie Bryant
<b>Nurses include</b>	Elza, Bini, Aleyamma, Jyothi, Maina, Tika, Lucy, Jomol
<b>Healthcare Assistants</b>	Doreen, Seth, Lincoln, May Britt, Sreeja, Pouly, Mary,
<b>Catering</b>	Helen, Lorraine, Becky, Sue, Michael
<b>Housekeeping</b>	Sheila, Wayne, Sam
<b>Laundry</b>	Pauline, Becky, Sam
<b>Maintenance</b>	Martyn Ball

These are just a few of our valued members of staff who work together to make Steep House a *Home!*

# **Welcome!**

We would like to wish all our new residents a warm welcome and we hope that they are happy in their new 'home'.

Now that Summer here months we are planning lots of activities to keep the home busy.

Please watch the notice board for more information about the forthcoming events.

As many of you are aware we have an open door policy regarding visiting times and we hope to see residents family and friends soon.



## BIRTHDAY CONGRATULATIONS

We would like to convey to our residents our warmest wishes and congratulations who had or will have a birthday soon.

### June

Betty Finlay	4 <sup>th</sup>
Ivy Bishop	8 <sup>th</sup>
Hilda Lee	17 <sup>th</sup>

### July

Patricia Jennings	6 <sup>th</sup>
Michael Burchett	11 <sup>th</sup>
Evelyn Hawkins	23 <sup>rd</sup>
Daphne Hart	30 <sup>th</sup>



### August

Dolly Reeves	20 <sup>th</sup>
Phyllis Rentell	24 <sup>th</sup>

Please remember if any resident or relative has any requests for something that would make the residents' birthday that extra bit special then please let the Manager know and we will do our best to oblige!

## NEW BUS FOR RESIDENTS

Steep now has a new bus which is used daily by residents who go on outings to the Heath lake, Queen Elizabeth Country park and into Petersfield town. Residents go out in groups of 3 and are accompanied by staff members.

## STEEP HOUSE BAND

The band was formed in April to introduce live music which involves all residents. This is very therapeutic as it stimulates senses and movement skills.

The band consist of:

Winnie on the Tambourine  
Evelyn on the Tambourine  
Alice on the Triangle  
Phyllis on the Drum  
Alex on Keyboard

All the other residents sing along. The Band will be making its debut at the Steep House Fete on the 28<sup>th</sup> June.

## BUILDING WORK

By the end of June the new laundry and quiet room, currently under construction and should be completed very shortly. Pete's team of builders are currently laying flooring and fitting the electrics. This will be warmly welcomed by both staff and residents. The quiet room will work in addition to the lounge where residents can go to relax, alone or with family. Also Alex can carry out some of his daily activities in this room such as individual memory diaries. The extension at the rear of the property will be completed shortly after the other building work and this will provide us with a new lift and 15 new bedrooms, new bath and shower facilities.

## ACTIVITIES

We are hoping the good weather will continue through out the summer so we can arrange for as many activities as possible outside in the sunshine. This will include daily walks around the gardens followed by teas.

Along with the daily entertainment, including musicians, games and arts and crafts. Alex has planned a large outing each month for all residents to attend if they wish.

### Saturday 28<sup>th</sup> June – Summer Fete 2-6pm

Everyone is welcome to come and join in the fun and watch the dancing display, Steep Band and a dog show. There will be plenty of food to enjoy along with a plant stall, fabric stall and a raffle. All proceeds will be donated to the residents fund which will pay for future events.

### Wednesday 30<sup>th</sup> July - Residents outing to Bognor Regis

It will be a fun day out with lots of ice creams and sea side air.

### Sunday 17<sup>th</sup> August - Picnic Tea 5:00pm

Residents will be having a special picnic tea in the gardens whilst listening to live music. Family and friends are welcome to join in with the evening.



If any relatives or friends have any suggestions for activities please feel free to discuss these with Alex.

## OTHER EVENTS

In July Marge Sargeant will be visiting her son in London who she hasn't seen in a long time. She will be accompanied by Alex and they will drive to London in the new bus.

## RESIDENTS MEETINGS

The next meeting will be held on 7th August 2008 at 6pm. All family members of our residents are welcome to attend. New Friends are always welcome, please come and support our residents.

## MARWELL ZOO



On the 8<sup>th</sup> of May residents went to Marwell Zoo for the day. Everyone had a fantastic day out and



fortunately the weather was perfect. So warm, that the residents were bought new hats to protect them from the sun. And gallons of ice cream was consumed by everyone to keep cool!



We hope that the events in the following months have an equal amount of success.

In the beginning of June our new Manager started at Steep House and we want to wish her a happy and long employment with us.

## MANAGERS THOUGHTS

Thank you all to support, and welcoming me as the new Manager. I am looking forward to working with the team building upon a high standard of care, practices and procedures already in place.

## CONDOLENCES

Our Condolences go out to family and friends of Peter Williams, Bernard Davies and Peter Jones who sadly passed away. They will be greatly missed by everyone at Steep.

## STAFF NEWS

Recently we have had a few inspections which went exceptionally well with lots of credit to the whole team. I would like to thank all the staff for their hard work and flexibility during this very busy time.



I would like to thank all the residents, relatives and visitors for their continuing support, which makes Steep House a Home and remember my door is always open.



## Friendship Flowers

Life is like a garden  
And friendship like a flower,  
That blooms and grows in beauty  
With the sunshine and the shower.

And lovely are the blossoms  
That are tended with great care,  
By those who work unselfishly  
To make the place more fair.

And, like the garden blossoms,  
Friendship's flower grows more sweet  
When watched and tended carefully  
By those we know and meet.

And, if the seed of friendship  
Is planted deep and true  
And watched with understanding,  
Friendship's flower will bloom for you

**Mazher Sheikh**



Steep House Nursing Home  
Tilmore Road  
Petersfield, Hants  
GU32 2HS  
Phone: 01730 260095  
Fax: 01730 233038  
Website: [www.lrh-homes.com](http://www.lrh-homes.com)  
Email: [Steep@lrh-homes.com](mailto:Steep@lrh-homes.com)



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