



Richmond Homes
A Caring Company

Summerlea News

Welcome

First of all I would like to say a big warm hello to all our readers, old and new. As usual a lot has been happening not least the thoroughly enjoyable Fun day on 6th May which you will read more about later in this edition. Our next social event to put in the diary is the Summer Party on 12th August which we look forward to seeing you all at.

On entering Summerlea, we hope you have all noticed the screen at reception which keeps you informed of the activities of the home and its forthcoming events. We feel it will be a valuable source of information. We are also pleased to have installed a new wide screen television in the downstairs lounge which has been a hit with all the residents.

We would appreciate any contributions to the news letter so if you have been anywhere pleasant recently, or have an interesting story to keep us amused or a nice poem or brain teaser please pass them on to reception or any other member of staff and we will try to publish them in future issues.

As always I will leave you with a thought:

“A smile is a curve that sets everything straight”

Pam Grewal (Director)

July 2006

Social Activities

Previous events

On May 6th a **Fun Day** was held at Summerlea House. Despite the rain, it proved to be great fun and a huge success, raising a grand sum of £223.50 donated to the Jeans for Genes Appeal which researches into genetic disorders - a worthy cause. Popcorn and candyfloss machines, darts, several stalls and a raffle amongst many other activities all contributed to a highly enjoyable day which could not have been achieved without the help of staff, relatives and donations. Thank you!

On June 14th, the **lunch outing at the Arun View** was enjoyed by all, a big thanks to Christine and Ron for arranging it. A wonderful piece written by Ivy Soul is here submitted about this excursion:

Altogether a most enjoyable occasion. It is quite difficult to decide what to eat as you are given a large menu card and, in addition, a board with the chef's special fish dishes. I have a very small appetite, so always look first at the starters for my main meal and I spotted something marvellous - asparagus bundles wrapped in prosciutto ham. When it came, it tasted just as nice as it looked, too. But what made it taste so good puzzled me - the 'wrapping' round

the asparagus bundles. So I beckoned the waitress over to tell me what it was. Her reply came - 'Sorry, luv, I haven't got a clue!'. But our well-informed-on-food Ron had heard me, 'I can tell you Ivy - it's Parma ham (which I'd had many times) processed once more, which makes it much thinner, but concentrates the flavour more.' So now I know and can recommend it to anyone.

The **Magical Mystery Tour** on April 24th, was a great success and we look forward to more such events in the future. Our thanks go out to Paul for organising it.

Activities

There are various activities that take place regularly, these include **Monday**. Jacqueline Damerall provides "girlie activities" such as flower arranging, paper craft and Aromatherapy.



Tuesdays-Friday Paul Dar- ton holds Quiz sessions and one to ones etc.

Congratulations!!

We would also like to congratulate Judy Charman the new Care Manager, and wish her well in her new role. Also, Myra Brown and Sheeba Varghesse have taken trained nurse positions. We also welcome all other new members of staff at Summerlea.

Birthdays

The following Residents will be celebrating their birthdays in the coming months.



8th July	Kathleen Gillett
16th July	John Gray
20th July	Daisy Smee
22nd July	Patrick Whitehurst
22nd July	Stanley Templeman
9th August	John Ballam
13th August	Tina Hale
14th August	Ivy Soul
14th August	Marcia Main
27th August	Doreen Boulding
28th August	Christine Main

We would like to convey our warmest wishes and congratulations on the occasion of their birthdays. If any resident or relative has any requests for something that would make the resident's birthday that extra bit special then please let the Manager know and we'll do our best to oblige!

Diary Dates / Future Events

Some dates to enter in your diary:



August 12th - Summer Party (3-6pm)

**September 6th - Friends Meeting
(6.30pm)**

The Friends' meetings are normally held every 3 months when all residents and relatives are invited to discuss and suggest ways forward for the Home in terms of the Nursing and Social Care. In addition you get a chance to meet others and light refreshments are provided by the Home.

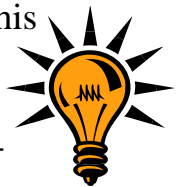
Please do also keep an eye on the reception screen for the many forthcoming planned outings.

Manager's thoughts

I would like to thank all the residents, relatives and visitors for their continuing support, which makes Summerlea a *Home* and remember my door is always open. I wish to say a big thank you to all the staff for their hard work and effort in maintaining high standards.

Views and Ideas

We hope you enjoyed reading this edition of Summerlea News . Please don't be shy to get involved. We are always interested in articles to add as well as any new ideas so please feel free to contribute and we will endeavour to include your items in our next edition.



I Can't Remember



*Just a note to say I'm living
That I'm not among the dead,
Though I'm getting more forgetful
And mixed up in the head.*

*I got used to my arthritis
To my dentures I'm resigned
I can manage my bifocals,
But boy I miss my mind.*

*For I sometimes can't remember
When I stand at the foot of the stairs
If I must go up for something
Or if I've just come down from there.*

*And before the fridge so often
My poor mind is filled with doubt
Have I just put some food away
Or have I come to take some out?*

*And there is a time when it is dark
With my night cap on my head,
I don't know if I'm retiring
Or just getting out of bed.*

*So, it's my time for writing
There's no need for getting sore,
I may think that I have written
And don't want to be a bore.*

*So remember that I love you
And wish that you were near,
But now it's nearly mail time
So I must say goodbye my dear.*

*Here I stand beside the mail box
With my face so very red,
Instead of mailing you a letter
I have opened it instead!*

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