



LRH-Homes

Care • Comfort • Compassion

Summerlea News



News Letter of London Residential Healthcare.

WHO'S WHO

Director	Jag Grewal
Director	Pam Grewal
Operations Manager	Melanie Taylor
Manager	Christine Boxall
Nursing Manager	Teresa Jones and Sue Baldock
Social Activities	Lynsey Capok
Administrator	Joy Elliott
Nurses include	Sheeba Varghese, Mary Comley, Mussarat John and Alma Hatt
Healthcare Assistants	Sajeela Anwar, Susan Porter, Joan Belcher, to name a few!!
Receptionist	Karen Allen
Catering	Chris Moss & Matt Kennard
Housekeeping	Teresa Pesterfield- Bridge
Laundry	Sandy Waghorn
Maintenance	Glen Weller

These are just a few of our valued members of staff who work together to make Summerlea House a *Home!*



Welcome



Firstly I would like to welcome you to our newsletter, it is published every three months we always appreciate any ideas and contributions. The summer season has arrived and thankfully the sun has been shining bright. We will continue to have a joyful summer season. We will be organising some day trips shortly so look out for information on the forthcoming events, on the notice board. We hope you enjoy reading Summerlea News.

From all the staff at SummerleaHouse

July 2008

Residents Birthday's

Apologies to Cynthia Pitt for not printing her birthday on March 19 in the last newsletter.

July

Joan Tandy	2nd
Margaret Phillips	3rd
Maureen Boyling	8th
Eddie Riddick	9th
Gaye Pyle	16th
Patrick Whitehurst	22nd
Stanley Templeman	22nd



August

John Ballam	9th
Albert Dagg	10th
Tina Hale	13th
Ivy Soul	14th 100th
Christine Main	29th



September

Ronald Gethen	7 th
Dorothy Lyne	21st 102 Yrs Old
Gwladys Bond	30 th



We would like to convey our warmest wishes and congratulations on the occasion of their birthdays.

If any resident or relative has any requests for something that would make the resident's birthday that extra bit special then please let the Manager know and we'll do our best to oblige!

Forthcoming Events

Summer Party—**July 5th 08 3pm-6pm**

Pride in Britain—a celebration of the Armed Forces.

Friends Meeting

We will be holding our next meeting on the **18 July 2008 at 6.30pm**. I do hope you can come along. It is a good opportunity to meet other friends of the home.

Activities

We have a full activities programme designed for our residents happiness and well-being. There are daily activities as well as entertainers visiting on a regular basis. Read on to see the wide range available....

Regular Activities

Programme

Weekly

- ◆ Sarah Povey holistic therapy
- ◆ General knowledge quiz in the main lounge
- ◆ One 2 ones
- ◆ Exercise sessions

Fortnightly

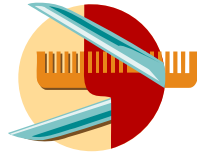
- ◆ Pets for Therapy—Pat Dog
- ◆ Baking in the Dining Room
- ◆ Fortnightly trips out

Monthly

- ♦ Victor Monroe—Singer
- ♦ Roni—Singer
- ♦ Jennifer Furlong—Reminiscence Sessions

Others

- ♦ Michael, the hairdresser visits. He is known as 'Knotty'.
- ♦ Emma the manicurist .
- ♦ Neil the chiropodist.



Employee of the month



March Hosneara Begum

April Linda Sheehan

May Theresa Jones

Well done to all of you, your hard work and support is really appreciated.

Views and Ideas

We would appreciate any contributions to the news letter so if you have been any where pleasant recently, or have an interesting story to keep us amused or a nice poem or brain teaser please pass them on to reception or any other member of staff and we will try to publish them in future issues.



The Difficulties & Simplicities of trying to buy a new walking stick—by Ivy Soul, Rm 5E

For me at my old age (99) a walking stick is my lifeline & I decided it would be sensible to have a spare one in stock. But where to buy one? Then I remembered that the post office said 'Post Office & Information' just what I needed. But the girl behind the counter said 'sorry luv I haven't a clue' & then called along the line 'Can anyone tell this lady where she can buy a new walking stick?'. Back came a suggestion 'if she can find a shop that sells men shoes! they might have one.' Another said 'the sports shop might sell them (though I couldn't see why).' Next to my newsagent, I remembered seeing a shop with a tennis racket in the window, so off I went. An elderly gentleman answered my enquiry, 'Yes indeed, we do sell walking sticks, is it for yourself or your husband?' I told him I wanted one just like the one I had and he disappeared around the back of the shop. He came back dusting a walking stick so I don't know how long it had been there, he measured it against mine, 'It's too long isn't it, I'll get my son to take the ferral off.' Eventually the stick came back and we assisted one and other to saw 3 inches off the bottom. I was not allowed to pay for it until I had paraded twice around the shop, I could have kissed him on both cheeks but didn't think I aught to!

I can only hope he and his son are still there when any one of you might need a new walking stick, good luck!

Given by Mussaratt Johns RN



A NURSES WISH

To be a nurse requires dedication

With years of study and preparation

I pray for guidance and humbly ask,

That I will do well with this chosen task.

When illness strikes on and pain demands,
and a life is placed within my hands

Give me compassion, knowledge and skills, to
do the things that Comfort and Heal.

Suffering makes patients' fear grow worse and
they seek reassurance from their nurse.

Help me see things from point of view, and
Always know what is best to do.

May I have a part in some small way, in restoring
good health to someone today

Let my work be all that I want it to be

To ask the great healer to work through me.

Author Unknown



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