

Social Activities

Previous events

Music Therapy Workshop

We had a music therapy workshop which helps to relax and improves well being. We had great fun playing different types of instruments.

Gardening



Planting pansies, campanulas in our raised garden, several wrapped up warmly and helped do the planting.

Christmas Party

Our Christmas Party was held on the 11th December. The Mayor of Kingston attended and spent a lot of time talking to the residents and staff. Hedley Kay provided the musical entertainment, the food was delicious, Father Christmas arrived and gave each of the children a gift. A great time was had by both residents and relatives.



Over the Christmas period, the residents helped to make Christmas cards and made their own crackers which were opened on Christmas Day whilst enjoying the delicious traditional Christmas Lunch.

Forthcoming Events

(Please keep an eye on screen for information about forthcoming events!)

- ♣ **11th April** (2.30pm) – *Easter Service (Church of England)*
- ♣ **13th April** (11am)– *Easter sing-along Hedley Kay*
- ♣ **14th April** – *Easter Bonnet Parade and Competition* to be judged by Jag Grewal (Managing Director)

- ♣ **15th June** (2pm) – *“Music of the Movies” Pantomime* by Party Timers

On the **8th July** we are holding our *Annual Summer Party at 3pm*, it will be themed as *“Medieval Times”*.

Hedley Kay continues to sing and play for us on a fortnightly basis.

Birthdays

On behalf of everyone at Bourne House, we would like to wish the following residents, in advance of their big day, a very happy birthday!



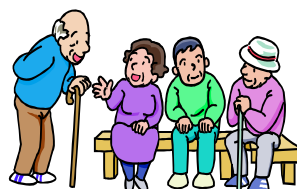
- ♣ Gertrude Cuthbertson 13th April
- ♣ Zina Barnard 4th May
- ♣ Doris Kimber 20th May
- ♣ Jeane Johnson 30th May
- ♣ Marie O’Boyle 9th June

If any resident or relative has any requests for something that would make the resident’s birthday that extra bit special then please let Matron know and we’ll do our best to oblige!



Friends Meeting

We will be holding the next meeting on **Monday 10 April at 6.30pm**. I do hope you can come along. Residents relatives and friends are all invited to come and discuss ways to improve the home. It is a good opportunity to meet other friends of the home.



A PRAYER FOR REMEMBERING OTHERS

Thank you God for the gift of sight
For the sun and the rainbow, and the clear morning light

Help me God to be cheerful and gay
And to be kind to all I meet every day.

Teach me God to be patient and true
To think first of others, less of me and more of you.

Thank you God for the wind and the sea
For firelight and moonlight and caring for me.



CAMEO

Looking at the spelling of the word CAMEO it occurred to me that the initials read:

‘Come And Meet Each Other’

and this is just what we hope you will do. When you visit your own particular family member, do spare five minutes to introduce yourself to other residents. Your visits really do cheer the day along and it is so nice to have someone different to chat with, especially when you are house-bound.



Matron's thoughts

Hello to all friends and relatives. Most of you will have met me by now as I have been in post for a little over a month now and I have had the pleasure of meeting some of you in person. There have been some changes in the way Bourne House is run over the last few months which are designed to benefit the people who live here and to improve their environment and quality of life. I would like to thank all the residents, relatives and

visitors for their continuing support which makes Bourne House a *Home* and remember my door is always open. I wish to say a big thank you to all the staff for their hard work and effort.

Christine Boxall

Here Are The Meanings Of Some Of Our Favourite Flowers



Angelica for inspiration

Basil for good wishes

Calendula (English Marigold) for sunny disposition



Carnation for pure love

Daisy for innocence

Forget-me-not for true love

Geranium for comfort

Honeysuckle for fidelity

Lavender for luck and forgiveness

Lemon balm for sympathy

Marigold (French) for jealousy

Mint for virtue

Passionflower for religious fervour

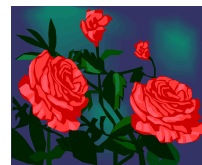
Red rose for passion

White rose for innocent love

Snowdrop for consolation and hope

Violet for faithfulness

Wallflower for fidelity in misfortune.



Next time you receive a bouquet of flowers, see if you have been sent a special message!

Views and Ideas

We hope you enjoyed reading this edition of Bourne House News with its new look. Please come along and let us know your ideas and suggestions, don't be shy to get involved. We are always interested in articles to add so please feel free to contribute and we will endeavour to include your items in our next edition. Until then, please do take care.



Happy Easter to you all!!!



Easter Message

*Rejoice in the beauty of springtime,
The freshness, the hope and the joy,
Rejoice in the message of Easter,
The wonder the world can't destroy.
New life and new faith for all people,
The promise that Easter imparts,
Rejoice in the hope for future,
The message to lift all our hearts.*

By Dennis Hardley

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Bourne House News

The News Letter of London Residential Healthcare.

WHO'S WHO

Pam Grewal	Director
Jag Grewal	Director
Home Manager	Christine Boxall
Administrator	Amanda
Social Activities	Amanda & Ann
Nurses include	Nuala, Nancy, Smitha, Mary, Veronica, Julien ... to name a few!
Healthcare Assistants	Bester, Edla, Joyce, Victoria, Sook Choi, Vikash..... to name a few!
Catering	Uriel, Chris & Seamus are our chefs assisted by Xavier & Neelam,
Housekeeping	John assisted by Mumtaz, Ricky, Tracy, Ruvinie aim to keep our <i>Home</i> clean , Euna and Ravathy for Laundry
Hairdressing	Ann
Maintenance	Ben
Gardening	Noel & Richard

These are just a few of our valued members of staff who will work together to make Bourne House a *Home*!

Welcome!

Firstly I would like to say a big warm hello and welcome to all our readers, old and new, who I am sure have been eagerly anticipating this edition of Bourne House News. As always a lot has been happening at Bourne House over the winter season. We will give you a full update later in this edition. The winter this year was lovely but at times a little too cold with the snow showers. I am glad spring is here, its so nice to hear the chirping of the birds and see all the bulbs popping up in the garden. We now look forward to the summer season and being able to enjoy the garden which already looks so inviting.



We'll be having a busy and a joyful Easter season looking at the diary, we have got many events organised. If any resident, family member or a friend has another suggestion for an outing or social activity, or knows some entertainers, please feel free to talk to the social activities ladies, who will be really pleased to hear your ideas!

Remember Bourne House News needs your input so please don't be shy, leave your articles to contribute at reception.

As always I will leave you with a thought:

"It is not the sound of a man's creed, but the number of his deeds, that determines one's true value"

Pam Grewal

April 2006